

## What does FCE do?

- Books for Newborns
- Hygiene Kits for Vets
- Human Trafficking
- Scholarships for students
- Kaleidoscope of Learning
- Embroidery Floss to India and South Africa
- Develop Leaders for the Local, County, State and National Level
- CHARACTER COUNTS!® - Essay and Artwork Contest
- Family Community Leadership Training
- Various Community Service Projects



- Child Advocacy Day
- Lobbying for Seat Belt Laws and Rating on TV Programs
- Attend Various Meetings and/or Conferences at the Local, County, State, National and International Levels

## Find additional information about FCE:

- National FCE website: [www.nafce.org](http://www.nafce.org)
- Oregon FCE website: [www.Oregon-FCE.org](http://www.Oregon-FCE.org)
- Oregon FCE Facebook Page

## Cook/Deschutes County FCE Leadership

President: Barbara Voltin

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Vice President:

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Secretary: Loretta McDonald

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Treasurer: Bernie Voltin

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# AN INVITATION TO JOIN



Cook/Deschutes County  
Association for Family and  
Community Education (FCE)  
Study Groups



## WHAT ARE FCE STUDY GROUPS



- They are groups of friends and neighbors concerned with improving the quality of family and community life.
- Monthly lessons are taught by volunteer leaders. The lessons come from various sources; National FCE Hearth Fire series, National FCE Lessons, Oregon FCE Lessons, OSU Lessons and Individually Prepared Lessons.
- As a member of a Cook/Deschutes County FCE Study Group you also become a member of:
  - The Oregon Association for Family and Community Education.
  - The National Association for Family and Community Education.
  - The Associated Country Women of the World (ACWW)
- FCE Study Groups meet monthly in members' homes or community centers. Meeting times vary to accommodate different work schedules and family life styles.
- Members participate in community service projects.



## Examples of FCE Study Group Lessons:

- Human Trafficking
- Talking With Your Doctor
- Advance Directives
- Hope on the Horizon
- V is for Very Valuable Volunteers
- Cooking for One or Two
- Water... Precious Water
- Mom's Tool Box
- Flag Protocol
- Now I've Got It... Where do I Put It (Important Papers)
- Our Love Affair with Salt
- Disaster Preparedness
- How do I Manage My Obesity?
- Power Point Basics
- Understanding Parliamentary Procedures (Roberts Rules of Order)
- Grandparents Raising Grandchildren
- Cyberbullying and Sexting
- Electronic Scams and Frauds
- Managing Your Arthritis
- Forgetfulness or Alzheimer's?
- Show Me the Power of Foods
- Why Should Love Hurt (Abuse)?
- Here's To a Healthy Heart
- Money, Money, Money (Finances)
- Loving the Men in Your Life
- How do we Talk About Autism
- Serving on a Board (Leadership)
- Buying Safe Food
- Making Eye-catching Brochures and Displays



## How do I sign up to join FCE?

- Obtain a membership form by contacting any of the officers of Cook/Deschutes County FCE or one of the Study Groups. You can also contact any of the members of either of the Study Groups. A membership form can also be found on the Oregon FCE website [www.Oregon-FCE.org](http://www.Oregon-FCE.org).
- Fill out the membership form and return it to the Treasurer of the Study Group you are joining through.
- Pay the yearly combined dues for National FCE, Oregon FCE, Cook/Deschutes County FCE and your local FCE Study Group.
  - Please NOTE: New members and some other members may qualify for a Keeper's Corner Membership Scholarship. Forms can be obtained from any FCE member or found at [www.Oregon-FCE.org](http://www.Oregon-FCE.org)



Strengthening individuals, families and communities through continuing education, developing leadership and community action.

Membership in the Cook/Deschutes County Association for Family and Community Education is open to all persons without regard to sex, race, color, ethnic background or economic circumstances.