

Oregon FCE News

Volume 22 Issue 2

Oregon Association for Family & Community Education

August 2015

President's Comments



President Patti Malanaphy – 2015-2017

President's Comments:

Oregon's FCE State Conference is just around the corner. I hope everyone is as excited as I am. **District X** has worked diligently planning this year's conference **October 5 -7, 2015**. So, come on down to **Wilsonville!** And, "Let's Have A Ball." The Registration forms are enclosed in this newsletter.

Please get your registration sent in early? Come and join your **FCE** friends.

I had the opportunity to attend the **79th Annual National FCE Conference in Blue Springs, MO. July 22 – 26, 2015**. What a wonderful, and fun filled conference. Being with so many talented, and dedicated women is awe-inspiring. The many events planned presented us all the opportunity to learn and be involved. The **State President's** were invited to a delicious breakfast, and tours. First we toured the **National WWI Museum and Memorial**. We must always remember the sacrifice of the millions of men and women who paid the price for our Freedom. We toured **Hallmark Visitors Center**. What a beautiful center. We learned the history of **Hallmark**, and watched the creation of a **Hallmark** card by one of their artists. We all remember television's **Hallmark Hall of Fame**. I loved those shows.

The **FCL** workshops offered were:
LEADERSHIP: TEAM BUILDING.
MENTORING: "V" is for Very Valuable
VOLUNTEERS. ISSUE & ANALYSIS:
POPPING PILLS: Rx Drug Abuse. Myself, and several other ladies prepared a **FCL** lesson presentation about "Rx Drug Abuse". We had a great time presenting to everyone. Lot's of laughs, but also taking it very serious.

New Hearth Fire Presentations: Advance Directives~ Do I Want/Need Them? **Hearth Fire Series #59.** Someone's asking... What is Maternal Health? Ser. #60. Hope on the Horizon ~ Recruiting and Retaining new **FCE** Members. Ser. #61

These **Hearth Fire Series** are available to be ordered from **NAFCE**. These topics are issues that concern all **FCE** members, our families and our communities. More information on the conference will be presented to members at the **Oregon State Conference** business meeting.

I do want to mention the **National FCE Project, "Human Trafficking"** that all **FCE** members are encouraged to participate. **Kristy Childs** who started the organization **Veronica's Voice** was guest speaker at the conference. She provided information about trafficking of women and children for prostitution and other forms of forced sex. Your **District Director** will provide members with information on what they can do to help and be involved in the project. I hope that **Oregon** will put all their energy and love into this project.

I wish more members would attend the **National FCE Conferences**. This year we only had four members from **Oregon. Bonnie and Scott Teeples, Anne Engen and Patti Malanaphy.** It's a great experience meeting and sharing with other **FCE** Member who share our dedication and enthusiasm for this organization. Next year **2016 National** conference will be in **Memphis, Tenn.** I hope to see you there. Start thinking about it! Come, you'll like it.

patti.malanaphy@comcast.net

Patti Malanaphy
Oregon FCE State President

Lessons for 2015 State Conference

1st session workshops 1:45 - 3:00 pm

"Precious Water" presented by **Kerry Mauk and Sandie Bolyard.**
(listed as "Water Conservation")

Water is a precious resource, a necessity of life. Join us for a discussion on how to use water wisely, especially in times of drought. We will talk about reducing our use of tap water, which may reduce your water bill. We will share ideas on how to recycle water, and we will present ways to collect rain water, both can be used to water your plants and garden. We will discuss gardening practices and plant choices to help your garden survive and thrive. Bring your ideas and let's share our experience and wisdom to survive the drought.

Kerry has written and presented several lessons for **FCE**. Her most recent one was **"Genius of America"** with **Gay Jarvinen**. She has lived in **Oregon** for 25 years and has been in **FCE** for 8 years. Her lessons are relevant and her handouts are useful.

Sandie has held all the offices locally and Council, also Chair of Character Counts State and Klamath county. She has been a member for 15 years.

"Computer Terminology" presented by **Gay Jarvinen.**



Walk away from class with a better understanding of computer lingo. What does "mega bites", "mega hertz", "save" or "save as" mean? Bring your questions and get some answers.

Gay presently is our State International Representative.

"The Story Lives On" presented by **Janet Allen and Rosalee Ratto.** (listed as **"Oregon Myths and Legends"**)

In this lesson we will explore **Oregon** folklore, legends and myths and also look into some **Indian** legends. Where did the name **Oregon** and webfoot come from? What are some of the mythical creatures in **Oregon**? You will learn about some of the most notable munchhausens.

Rosalee has been an avid member for 18 years. **Janet** for 16 years when **Rosalee** brought her to her first meeting.

This lesson was compiled by **Janet and Ida Lee Knapp**, who graciously wrote the lesson.

2nd session workshops 3:15 - 4:30 pm

"Hope on the Horizon" presented by **Scott Teeples.**

Learn what we can do to retain and build the **FCE** organization. We must find, recruit and retain new members.

"Talking With Your Doctor" presented by **Bonnie Teeples and Patti Malanaphy.** (listed as **"how to talk to your doctor"**)



How well you and your doctor talk to each other is one of the most important parts of getting good health care, but, talking to your doctor isn't always easy. Taking an active role in your health care puts the responsibility for good communication on both you and your doctor.

This lesson will give you all the information you will need to be prepared when you visit your doctor.

"Mom's Toolbox" presented by **Michael Denbo.** (listed as "tool kits and home repair")



A lite hearted discussion of the basic tools needed for the lady of the house, first time homeowner, or new college student. Including tool selection and use, as well as small home repairs.

Michael is a native **Arizonian**, transplanted to **Lebanon, Oregon in June of 2014.** Married, 36 years to his bride **Toni**, 2 adult children with 3 grandchildren. Retired for 4 years, after 28 years as a Master electrician/Nuclear Power instructor at **Palo Verde Nuclear Generating Station in Arizona.** He enjoys walking, hiking and driving these beautiful back roads of the **Willamette Valley.**

SPECIAL HAPPENINGS AT 2015 CONFERENCE

Monday tour: North Willamette Experimental Center. We will be carpooling to the site, please be prepared to chip in a dollar for gas. The tour is from 9:30 to 11:00 am. Learn about the various crops they are working on and how the site works.

Tuesday Evening Banquet: "Ball" night. You are encouraged to bring a "ball gown" to wear. This is your chance to be creative. It can be funny or stylish, old-fashioned or far-out, long or short (but not too short), gloves or not!! Show your stuff and **"LET'S HAVE A BALL"**



Wednesday Workshop

Bubble & Squeak, Bangers and Toad-In-A-Hole, oh my!
presented by **Sally Wyffels and Anne Engen.**

A trip through **England's** history, famous people, places and food.

Did you know **Romans** ruled **England** for 400 years? Yet 1400 years later the **British** empire controlled 25%-30% of land area of the world.

Learn why **English** is such a quirky language. What is a **Magna Carta**? Why did **Henry VIII** throw a big hissy fit? Can you pick **England's** flag out of a line-up? Bet you can't. Why is **President Patti** going to **Coventry, England**?

Puzzled by the lessons' funny title? They're traditional **English** dishes. Yes, there will be recipes. We'll finish by enjoying **English** treats.

Character Counts™

This year since we had grandchildren in the 4th grade, **Amity FCE** decided to sponsor them in the **Character Counts Program.** We had two boys that finished the challenge: **Dylan Anderson and Colby Nyseth.** Responsibility was the topic this year and we rewarded them with \$10.00 each for completing their writings and pictures. Their scores were almost the same. In 2016 the topic is "Fairness".



Colby, Lynda, Dylan

Notes from VP of Programs:

I have not heard from many county councils on who your voting delegates for the state conference are, please send them to me.

Also if you have class suggestion for 2016 get those to me too. If you have teachers for those suggestions that is very much appreciated.

Sincerely,
Deanna Hadley, VP of Programs

International Report

As you all know, as members of **Oregon Association for Family and Community Education** we are also members of the **Associated Country Women of the World**. A portion of the monies that we collect as "Pennies for Friendship" goes to the **A.C.W.W.** to help fund projects in countries around the world that are helping women to better their lives and feed their families. As your new **International Representative I** would like to share with you some information on a couple of projects that are currently under way.

In **Hohoe, Ghana**, a group of female farmers are constructing apiaries as part of an **ACWW**-funded project to improve their employment prospects and economic security through teaching bee-keeping skills. A total of 30 apiaries are being constructed altogether and they are already giving instructions on safety measures.

In **Madurai, India** women are taking part in a training course on gender equality, women's rights and leadership skills. Nearly 100 adolescent girls took part in sessions on sexual abuse; discussing what is and is not appropriate and learning how to defend against it.

For more information on these and other projects **ACWW** is funding you can go to their website at www.acww.org.uk.

Some of our groups have been sending embroidery floss to **India**. Here is the address and info on sending floss:

Saraj Nalini Dutt Memorial Assoc.
23/1 Ballygunge Station Rd.
Calcutta, India 700-019

You have to get a special form from the P.O. On the appropriate box mark [used floss, no value] or they have to pay taxes on it.

The **ACWW** also offers scholarships, which were established in memory of their founders, to members of their member societies. If you are interested in furthering your education and want to know if our scholarships could be relevant for you, find out more about them on their website at www.acww.org.up/projects/scholarships.

Gay Jarvinen, International Representative

Scholarships

You still have time to get your application in for the **Margaret Seibold Scholarship**. **This must be postmarked no later than August 15.** The scholarship is for \$100 to be used to attend the **2015 State Conference in Wilsonville**. The application form and rules are in our **FCE Handbook**, pages 57 and 58. You can get a copy from your **County Council President** or your **District Director** or on the web-site: www.Oregon-FCE.org. Mail your copy to **Sandie Bolyard** our **State FCE Treasurer**.

Web Site for Oregon FCE
www.Oregon-FCE.org

Again, please check out the web site and let me know what you think. Contact me on my home phone 541-882-4374, on my cell phone 541-892-6456, or my email (my best contact) sfteeples@charter.net.

Submitted by **Scott Teeples** – Oregon FCE Secretary

Craft Class for State Conference



Past Oregon FCE Presidents

While checking through my pictures I came across these two pictures of our past presidents that I wanted to share with you. One from our 2012 State Conference and one from our 2013 State Conference.



Marlene Currin, Edgel Sudel, Dorene Garland, Anne Engen, Lois Enstrom



Barbara Voltin, Anne Engen, Edgel Sudel, Bonnie Teeple, Marlene Currin

They all look so happy, must be because they served as Presidents over such a wonderful group of FCE members. We have been fortunate to have had them as our state presidents and to have them attend so many of our state conferences.

For more information the order of presidents: **Lois, Anne, Janie Vandyke** (not pictured), **Dorene, Bonnie, Edgel, Marlene, Barbara and now Patti** (not pictured).

Back from hot humid **Kansas**. National conference well run and fun to see long time friends. **Bonnie** was honored and she has really worked hard these past three years. The conference center was across a small courtyard (that had stairs) from the back of our hotel.

We'd come out of the air conditioned center to go back to the hotel and boom our glasses would fog over. We stood there like little orphan **Annie's**.

Next year we go to **Memphis** (and **Graceland**).
Anne

Scott reported that he and **Bonnie** drove 1,920.3 miles, each way, long drive but worth it. On the way home they were going to stay in **Winnamucca, Nevada** but because of a stock show there were no rooms so they drove from **Denver to Klamath Falls**, 1,340 miles. Long, long day.

District IV Picnic

Wednesday August 19, 2015 at Millersburg Park, we will start at 10:30 and we usually eat around noon. Bring a dish to share, your own table service and friends and relatives are more than welcome! We will also be having a **2016 State Conference** planning meeting after the picnic. Also we will be celebrating **Janice Gregg's** years of dedicated Service to **F.C.E. and O.S.U Extension** as she has officially retired as of the end of July.

Janice has been a friend, a mentor and an outstanding faculty adviser for us and we are so thankful to have had her here in **Linn County**. She has always given 100% and we LOVE her!

Hope to see a lot of **FCE** members and friends at our picnic.

Vicki Graves, Linn County

Oregon FCE News is sent 3 X year to FCE members paying dues for Jan. 1 to Dec. 31, 2014.

~Next deadline-January 8, 2016~

Send articles and/or change of address to:

Lynda Nyseth, Editor

21461 S. Hwy 99W

Amity, OR 97101-2239

E-mail LYNDATrose@aol.com

"LET'S HAVE A BALL"
 Registration Form
2015 OREGON FCE ANNUAL CONFERENCE
 October 5-7, 2015
 HOLIDAY INN, WILSONVILLE, OREGON

Hotel registration information on the back of this form.

Please use separate form for each person

Name _____ County _____ District _____
 Address _____ Phone _____
 E-Mail Address _____ Cell Phone _____

2015 FCE Member _____ Voting Member _____ Presenter _____
 50/50+ Member _____ 1st Time Attendee _____ New Member _____

REGISTRATION:

Member payment received on or before September 21, 2015 \$35.00 _____
 Member payment received after September 21, 2015 \$40.00 _____
 Non-member payment received on or before September 21, 2015 \$40.00 _____
 Non-member payment received after September 21, 2015 \$45.00 _____
 Spouse \$15.00 _____
 One day registration - Member (Tuesday) \$20.00 _____

MEALS: Prices include gratuity and...DESSERT!

MONDAY DINNER: (please circle choice)

Roast Pork Loin topped with apple demi glace

Chicken Piccata - Grilled breast of chicken with a lemon caper sauce \$28.00 _____

TUESDAY LUNCH: (please circle choice)

BLTT - Turkey BLT w/Jack cheese, on grilled Sourdough inc. potato salad

Cheese Tortellini w/seasonal vegetables in marinara sauce inc. green salad \$25.00 _____

TUESDAY DINNER: (please circle choice)

London Broil with Chimichurri Sauce

Chicken Marsala - Chicken breast with mushroom, onion and Marsala sauce \$30.00 _____

TUESDAY WORKSHOPS

1:45pm - 3:00pm

1. Water Conservation
 2. Computer Terminology
 3. Oregon Myths and Legends
- 1st choice _____ 2nd choice _____

3:15pm - 4:30pm

4. Hope on the Horizon
 5. How to talk to your Doctor
 6. Tool Kits and Home Repair
- 1st choice _____ 2nd choice _____

MONDAY AFTERNOON CRAFT CLASS - See back of form \$10.00 _____

MONDAY TOUR - OSU North Willamette Research and Extension Center Yes _____ No _____

See back of form for more information

Please make checks payable to:

Oregon FCE Annual Conference 2015

Mail payment with registration form to:

Jean Baker (971-404-7299 for info)
 740 E. Exeter St., Gladstone, OR 97027

Registration fee _____

Meal fee _____

Craft fee _____

TOTAL FEES ENCLOSED _____

HOTEL ACCOMODATIONS:
HOLIDAY INN PORTLAND SOUTH
25425 S.W. 95TH AVE.
WILSONVILLE, OR 97070
503-682-2211

ROOM RATES:
\$99.00 DOUBLE OR KING ROOM
GROUP RATE CODE - OAF
**CUT-OFF DATE FOR SPECIAL RATE IS
SEPTEMBER 13, 2015 **

You may call the hotel direct at 503-682-2211 or 1-800-465-4329 or go on-line to www.hiportlandsouth.com. Use the code OAF or mention the Oregon FCE Annual Conference.

DIRECTIONS:

Easy to find from any direction off I-5 at exit 286, the hotel is on the west side of the freeway.

REGISTRATION FOR THE CONFERENCE IS IN THE MAIN LOBBY

SUNDAY: 4PM - 8PM MONDAY: 8AM - 5PM TUESDAY: 7AM - 8AM or 11:15AM - noon

TOUR OF THE NORTH WILLAMETTE RESEARCH AND EXTENSION CENTER: MONDAY

This is a bus tour of the station, with a guide, to show the various crops they are working on and how the site works. **WE WILL HAVE TO CAR POOL** to the Charboneau area about 5 miles south of the hotel to transfer to the bus. (Meet in the lobby to organize. We'll have more information on that later but be prepared to chip in \$1 for gas!) The tour will run from 9:30am to 11:00am. If there is enough interest we may be able to have a second tour in the afternoon. This will be first come first served, so make your wishes known on the registration.

DIRECTIONS:

Take I-5 south to the Charboneau exit 282B, turn left and cross freeway to Miley Rd. The North Willamette Experimental Station will be at the second entrance to Charboneau on the right hand side.

THERE WILL BE A LIST OF OTHER PLACES OF INTEREST IN YOUR REGISTRATION PACKET.

GLASS JAR CRAFT: MONDAY AFTERNOON

Make three different glass jar crafts: A Holiday Candle, a Snowman Snow Globe, and a Snowman Surprise Jar with a tasty treat. Written instructions will also be included. The cost of this class is \$10.00 for all three jars. Lynn Loucks, the daughter of member Myrna Loucks, will be conducting this class.

TIME - 3PM ROOM - REDWOOD COST - \$10.00 (please add to your registration)

TUESDAY EVENING BANQUET

This will be our "ball" night. You are encouraged to bring a "ball gown" to wear. Who knows, we may have a parade or prizes. This is your chance to be creative. It can be funny or stylish, old-fashioned or far-out, long or short (but not too short), gloves or not!! Show your stuff and.....**"LET'S HAVE A BALL"**.....

**** YOU MAY WANT TO MAKE A COPY OF THIS INFORMATION FOR LATER USE ****