# Oregon FCE News

Volume 27 Issue 2

Oregon Association for Family & Community Education

May 2020

#### **President's Comments**



Looking back just a few months ago, how would any of us ever have known that we would be living in the world we are living in today. I hope that I find that all is well with you and your loved ones, especially with this COVID-19 virus that has come upon all of us throughout the world. We are living in a time that no one has ever gone through before, and every situation is different. Please be safe, stay at home and do the best you can to stay healthy. I know that we need to have faith that we can make it through this worldwide crisis. Every day my prayers go out for, not only the FCE members but for all the people of the world.

Bonnie and I are doing well so far and are currently as healthy as can be expected under the circumstances. We are staying home almost all of the time and only going out when we must go to the store for supplies, and we keep those to a minimum. We have, under the direction of the Governor, closed our store, Keeper's Corner, until such a time that we can reopen. It is going to be a big financial challenge for us, but we will make it somehow.

Words can only begin to express the thanks that I have for all of you Oregon FCE members. All the things that you do to make things happen throughout the state of Oregon. Not only in FCE but also in your neighborhoods, your communities, your cities, your counties, your state, your country, and the world you live in. You are sometimes the driving force that makes positive things happen. I am so proud of everything that you do, and I say, "THANKS FOR ALL YOU DO". Keep it up and be proud of being an FCE member and representing what it stands for.

Due to the COVID-19 virus and for the first time that anyone remembers we did not hold an "inperson" Spring Board Meeting. The circumstances that had forced us out of our comfort zone have also pushed us into some new experiences. For the first time in Oregon FCE history, we held our Board Meeting via a phone conference. We sent lots of emails back and forth between the Board in preparation for that meeting and it saved us a lot of time. It was an interesting meeting, and everyone felt that it went very well. All 10 Board members were able to attend and participate. We all pushed hard and finished the meeting, which normally takes about 10 hours in 3 hours and 51 minutes. (Ya, ya, ya for us!) We did delete a few things but still managed to complete all the tasks we needed to do. We also saved Oregon FCE money without travel and motel expenses. We made some adjustments to the Finance Committee reducing it from 7 members to 5. This will be done by attrition as terms expire.

I can hardly believe that I am in the middle of my third year as your Oregon FCE President. I am honored, and feel it a privilege, that you selected me to serve as your president. I will always strive to do the best that I can do for FCE. The time has gone quickly, and I have had a lot of wonderful experiences, met lots of new friends and have learned a lot about FCE and its wonderful members. I have had two great years and hope for this year to be even better. I look forward to the trips, the meetings and activities, the new and old friends I've met, the experiences I will have and all the things I'll learn.

The 2020 Oregon FCE State Conference is going to be held in Springfield, Oregon and will be hosted by District 3. They are already preparing for it and I am sure that it will be another great one. There will be 6 great lessons and 1 country lesson.

I, along with everyone else, have had lots of concerns with the COVID-19 virus and its effects with the "Social Distancing" requirements in regard to the 2020 National FCE Conference. It was scheduled to be held in Clackamas, Oregon on July 23-26, 2020.

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As of this date (April 29, 2020) that I am writing this article, I have just received notice that, due to the COVID-19 situation, the 2020 National Conference has been CANCELED and will NOT be held. I did receive notice that they will have the 2021 Conference in Kentucky, since they have already signed a contract with the hotel there, but the National Board did vote to return the National Conference to Oregon in 2022. We'll have a delay, but it will be worth it.

Please plan on attending the 2022 National FCE Conference when it is held in Oregon. It will not get any closer. Do not miss the opportunity. The Oregon FCE Board has voted to use some of the money that has been raised through the Oregon FCE Fundraising Booth, located at Keeper's Corner, and had made available twenty \$200.00 scholarships to help in attending the Conference. The Scholarships were available to all Oregon FCE members attending the 2020 Conference. The Oregon FCE Board will meet about this situation and determine if they will offer this same Scholarship for the 2022 National Conference.

I did not have the opportunity to visit many of the Oregon FCE events because most of them were canceled or postponed due to COVID-19. I miss those visits but fully understand why they have been postponed or canceled.

There is nothing better that I can say about recruiting new members than to "Invite, Invite, Invite!" We, as FCE members, are always having great activities and lessons. When was the last time that you invited a non FCE member to any of these wonderful things that we do? Let us all do exactly as our name indicates. We are Family and Community Education. Do not keep FCE a big secret. You are the answer to turning our declining membership numbers around. Someone invited you to join FCE and now it is your turn, and obligation, to invite others. If you do nothing, this great association will continue to drop in membership numbers. Start today and make a list of those you are going to invite. Do not give up, sometimes you may have to ask several times.

Please let me know if you have any ideas or suggestions that we could use in making Oregon FCE the best it can be. My cell phone is 541-891-6456 (call or text) and my email is sfteeples@charter.net.

I look forward to serving each and every one of you. Please let me know if there is ever anything that I can do for you. Please let me know of any meeting or activities that I can attend. These could include Study Group meetings, County Council meetings, District meetings or any other FCE activities.

Thanks for all you do, Scott Teeples – Oregon FCE President 2018-2020

Oregon FCE News is sent 3 X year to FCE members paying dues for Jan. 1 to Dec. 31, 2019.

"Next deadline-August 7, 2020"
Send articles and/or change of address to:

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#### **ENJOY**

Writer unknown, but puts a little humor into a sad situation.

Just be careful because people are going crazy from being in lock down,

Actually, I've been talking about this with the microwave and toaster while drinking coffee and we all agreed that things are getting bad. I didn't mention anything to the washing machine as she puts a different spin on everything. Certainly not to the fridge as he is acting cold and distant. In the end the iron straightened me as she said everything will be fine, no situation is too pressing. The vacuum was very unsympathetic...told me to just suck it up, but the fan was more optimistic and hoped it would soon blow over! The toilet looked a bit flushed when I asked for its opinion and don't say anything but the door knob told me to get a grip. The front door said I was unhinged and so the curtains told me....yes, you guessed it....pull myself together.

Everyone have a great day. Submitted by Donna Michaelson, Ambitioius Annies FCE.

#### **The Treasurers Bottom Line**

Your Oregon FCE Board feels it is important that all Oregon FCE members are kept up to date on the finances of the Organization. I am sure that many of your District Directors have updated you or will update you on the financial state of Oregon FCE. Membership is down again this year. Membership is down 34 members overall this year, and that is with 12 new members and one renewal from a member rejoining after a 5-year absence. We will also loose the Brookings group at the end of 2020. The responsibility for membership growth and stability lies with each one of us. Please do not use the excuse that we are older and aging out. There are people out there that need this organization as much as we need them. Please think about the reasons you joined the organization and share those with non-member friends and neighbors to encourage new membership. Do not make a judgement that a person will not want to join. Give them the opportunity to attend a fun activity or an interesting lesson and then invite them to join, you may be surprised!

Due to successful fundraising and the frugality of the board, we have been able to stop the drain on our investments. There are enough in donations to fund two issues of the newsletter from donations instead of taking money out of the CD's. We also are able to pay the website hosting and domain fees each year instead of taking from the general fund. The board thanks you so much for your generosity. The longer we can fund these two important items with donations the longer we can keep our investments viable.

Our fundraising booth is paying off also. For the year 2019 we earned over \$1700 from the booth sales. I would ask that each of us keep donating items to the booth. We are doing very well so far, but the donations are dropping off, and that will mean that the sales will drop off also. Please remember that this fundraising booth is for the benefit of all of us in the organization. Ideas for items that sell well in the store are household items such as antique or collectible glassware, Pyrex bowls, wall décor, tabletop décor, lamps, doilies etc. Other items that sell well are "new" crocheted or knitted dish cloths, decorated hand towels and seasonal decorations. When determining items to put in the booth a good rule of thumb is: If it is something you would buy for your

own home then it will more than likely sell in the store. If it is chipped, cracked, torn or damaged in any way it will not be anything that will sell.

Overall, the financial health of Oregon FCE is good. We are hoping that we will not have to take money out of our investments for the foreseeable future. We have been able to let all of the CD's roll over, and we are getting a little bit better interest rate than they had prior. It will be good to leave that money in the CD and get those extra few pennies added in!!!

If any of you have any questions about the Oregon FCE financial picture, please contact me and I will try to answer any questions you may have!

Bonnie Teeples- Oregon FCE State Treasurer <a href="mailto:bdteeples@charter.net">bdteeples@charter.net</a>

#### Job well Done!!!

How many times have you heard those words? How many times have you said those same words to others? How many times do we tell a child "good job" when they do a small task well? Genuine praise and appreciation expressed to others is simply a part of being a human being and expressing gratitude for the person and the action. One of the first things we teach a child is to say "Please" and "Thank you".

A few years ago, Oregon FCE started a program to honor our members for the volunteer hours they perform during the year. We realize that some of you do not want to receive recognition for doing what is a part of what you perceive as a part of who you are, and that is OK. The board feels that it is important to honor those who do so much for others. It is a way of lifting the spirit of the individual and the organization. Peer recognition helps people feel valued, boosts self-esteem and supports improved performance.

Sharing individual success stories with the organization should not be perceived as an opportunity to show off, or make other members feel as if they are less valued. Instead it should be a way to reinforce overall motivation, morale, and strengthen relationships between all members. We do so much good as an organization, it is important to let others see that good.

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Do you know that there have been people join FCE simply because of the service we perform in our families, communities and world-wide through the Associated County Women of the World! Let your light shine, you never know who may need that illumination!!

One final reason for reporting your volunteer hours; each year as your treasurer, I am required to file our organization taxes and two other reports. One of those reports is for charitable organizations. For the taxes and the charitable organization report, I need to prove that as a 501(c) 3 organization we are fulfilling our tax-exempt status requirements. We are listed as an education and service organization. I state under penalty of law, that we are fulfilling those two requirements. If we ever have a government audit there should be documentation.

We have developed easier report and evaluation forms for the clubs, study groups and counties to use. Your District Director has a copy of it and will be distributing it to each county. The new forms will also be in the handbook on the Oregon FCE web site. Please fill in the report form for the lessons and activities you do and send them to the Oregon FCE Vice President for Program and the Oregon FCE President. They will then use your information to make their own reports to National FCE and ACWW. Thank you and report those hours!!

Bonnie Teeples- Oregon FCE State Treasurer

# **Lesson Selection for 2020 Oregon FCE Fall Conference**

(Names of Lessons taught may vary slightly from name listed below)

#### **Lesson #1: Rabies**

Taught by Margart Polen and Martha Crawford (both of Southwest FCE)

Everyone has heard of rabies. We even think we know what it is and how we could be infected. Is our information correct or is there more to know? How widespread is it? This workshop will explore facts about rabies and why we even need to learn about it.

#### **Lesson #2: Great American Women**

Taught by Kerry Mauk and Gay Jarvinen
It is surprising how many American women have achieved impressive accomplishments, but they received very little, or no credit for them. This lesson will point out some of those women.
Throughout our history, many women from various walks of life have done remarkable things.

Ever heard of Lizzie Johnson, owner of a successful cattle ranch; Peggy Whitson, a U.S. Astronaut; or the woman who received the Congressional Medal of Honor? Come join our class and learn more.

# **Lesson #3: Fight to Save American's Food**

Taught by Anne Engen and Sally Wyffels
In the late 1800's there were no laws stopping
people from adding whatever to the food and drink
they were selling – floor sweepings, bits of coconut
shells, borax, Coal-tar, ground insects,
formaldehyde and other chemicals. Enter Harvey
Washington Wiley, he's probably the reason you
aren't sick right now.

### **Lesson #4: Scams, Shams and Frauds**

Taught by Bonnie Teeples and Loretta McDonald Do not become a statistic!!! Every year thousands of people are defrauded of their hard-earned money. Scam artists use the phone, email, postal mail and the internet to trick people into sending money or giving out personal information that can lead to identity theft. This class will arm you with tools to use to keep your money and or your identity safe.

# **Lesson #5: History of Dolls**

Taught by Sandie Bolyard and Patti Malanaphy Dolls have been around for 4,500 years back to Egyptian times for religious or ritual uses. Over the years they have evolved to the dolls of today. Come join Patti and Sandie to learn more. Feel free to bring an old doll to share with the class.

# **Lesson #6: time Management**

Taught by Marlene and Tom Currin Does it always seem like there just isn't enough time in your day to get all of the things done that you need to? Do you ever look at everything that others get done and they are always willing to do even more? Come and learn some time techniques that will help you become one of those that always seem to get things done.

### County Lesson: Malaysia

Taught by Scott and Bonnie Teeples
Malaysia, "Soul of Asia" ... the country where the
Associated Country Women of the World (ACWW)
will hold its 30<sup>th</sup> Triennial World conference. Learn
about the country, the people, its history and much
more including meeting the Queen.

# Report from District III Director Anne Engen

Early March found us enjoying visits with friends, eating out, shopping, hugging kids and looking forward to FCE events and Easter family gatherings. Then we heard **a booming crash.** We rushed outside and found ourselves **in another universe.** One we did not recognize. We'd been invaded not by aliens, but a vicious virus we could not see.

Warnings flooded over the airways – Wash your hands over and over. Stay home, stay away from grandkids and everyone on this planet. Don't hug, sanitize everything you touch. Delete everything on your calendar. Sew masks. Hunt for toilet paper, flour and yeast.

And March marches into April, which drags its feet slowly into May. I've given large packages of toilet paper from my earthquake stash to the needy. Sunday mornings I add a colorful scarf over my tshirt so I'm dressed up to watch my church service on line. My hubby and I spend time on the phone chatting with loved ones. We've learned that under stress we need to laugh, really laugh out loud. Be silly. Be extra kind and thoughtful. Thursday is laundry day. My husband's job is to carry the loads of dirty clothes from the master bathroom to the laundry room. I know he likes to be efficient. But I look up to find that he has thrown his pis onto his last load and is now streaking through the house stark naked. I burst out laughing! And NO I'm not selling tickets for next Thursday.

Until further notice the days of the week are now called: Thisday, thatday, otherday, someday, yesterday, today and nextday!

If you thought toilet paper was crazy...just wait until 300 million people all want a haircut appointment.

Wearing a mask inside your home is now highly recommended. Not so much to prevent COVID-19 but to stop eating so much.

Kinda' starting to understand why pets try to run out of the house when the door opens.

20 years ago, we had Johnny Cash, Bob Hope and Steve Jobs. Now we have no Cash, no Hope and no Jobs. **Please Do Not** let Kevin Bacon die.

Anne Engen, District III Director.

#### Web Site for Oregon FCE

www.Oregon-FCE.org

# **Lost Creek Study Group Dexter, OR, Lane County**

The Lost Creek Study Group that meets in Dexter, Oregon, Lane County, has not been meeting during the quarantine in our state. But we have some news that we would like to share with the greater membership of FCE. One of our members, Ella Lang, will be celebrating her 103<sup>rd</sup> birthday on the 9<sup>th</sup> of May! Here is a photo taken of her when we celebrated her 99<sup>th</sup> birthday!

Stay safe and calm! Submitted by Carol Jung



# HAPPY BIRTHDAY ELLA

103rd on the 9th of May!

STANDING RULES FOR MARGARET SEIBOLD OREGON FCE STATE CONFERENCE SCHOLARSHIP

PURPOSE The scholarship shall provide a partial payment of the cost attending the Annual Oregon FCE State Conference. The recipient may apply this to any expenses such as registration, travel, meals and motel costs.

AMOUNT The amount and number of scholarships to be given will be determined by the Oregon FCE Board of Directors on a year to year basis.

ELIGIBILITY The applicant must be a dues paying member of Oregon and National FCE

A person may receive the State Conference Scholarship as well as
County and or local scholarships

An applicant may not receive the scholarship more than once in a five year period

The award is not

transferable

APPLICATION The applicant will write a paragraph stating why she/he wants to be considered for the scholarship, what he/she hopes to gain from the conference and where, with whom and how the information will be shared with others.

HOW AWARDED The Margaret Seibold FCE
Conference scholarship Committee will
review the applicants and
select the recipient(s). Questions may be
addressed to the state
Treasurer. The award will be in the form of a
certificate and check given
during the Conference.

WHEN DUE Applications must postmarked or emailed no later than August 30 Scholarship

recipients will be notified no later than September 15

ADMINISTRATOR The Oregon FCE State
Treasurer will be responsible for maintaining a
separate interest bearing
account and distribution of funds.

POLICY CHANGE Rules governing this scholarship may be made by a vote of two-thirds of the Oregon FCE Board of Directors.

You will be required to fill out an evaluation sheet, which will be given to you with the check after the conference and submit to the treasurer.

You must be registered for the complete conference to receive this scholarship Revised October 2017

#### OREGON FCE STATE CONFERENCE MARGARET SEIBOLD SCHOLARSHIP APPLICATION

Sponsored by Oregon Assoc	ciation fo	or Fami	ily and
Community Education			
Each sc	holarshi	p is for	UP TO
\$100.00			
Name			
Phone			_
Address			
Count	ty		-
City			
CityZip			
			-
What is your age group?	18-30_		31-
40 41-55	56 & 0	over	
Are you an FCE member?			

Name and location of your study group		
Have you attended the State conference?  Yes No Last year of attendance		
Have you been awarded this scholarship before? Yes No What year Will you have to pay for child or elder care expenses to attend?		
In order to receive this award you must attend the whole conference.		
Tell us why you want to be considered a State FCE Conference Scholarship. Include what you hope to gain from the conference and how, where and with whom you will share the information you learn at the conference. (Attach a second page to your application, if you need more writing space).		
Application to be sent to State Treasurer: Bonnie Teeples 4338 Arthur Street, Klamath Falls, OR 97603 Or email to: bdteeples@charter.net		
Application must be postmarked or emailed no later than August 30 Recipients of scholarship awards will be notified by September 15		
Revised October 2017		

### **Six Little Stories**

{1} Once all villagers decided to pray for rain On the day of prayer all the people gathered, but only one boy came with an umbrella.

That's FAITH.

{2} When you throw babies in the air, they laugh because they know you will catch them.

That's TRUST.

{3} Every night we go to bed without any assurance of being alive the next morning, but still we set the alarms to wake up.

That's HOPE.

{4} We plan big things for tomorrow in spite of zero knowledge of the future.

That's CONFIDENCE

{5} We see the world suffering, but still we get married and have children.

That's LOVE.

{6} On an old man's shirt was written a sentence 'I am not 80 years old; I am sweet 16 with 64 years of experience.'

That's ATTITUDE.

Have a happy day and live your life like the six stories. When I was a child, I thought nap time was punishment. Now it's like a mini-vacation.

"GOOD FRIENDS ARE THE RARE JEWELS OF LIFE. DIFFICULT TO FIND AND IMPOSSIBLE TO REPLACE!

Submitted by Donna Michaelson, Ambitious Annies FCE Study Group, Dallas, OR



# **OR Assoc. Family & Community Education**

Oregon FCE News 21461 South Hwy 99W Amity, OR 97101-2239

# 2020 Oregon FCE Calendar

May 25	Memorial Day Observed	
June		
14	Flag Day	
20	First Day of Summer	
21	Father's Day	

Mission Statement of OR Association for Family & Community Education
To strengthen individuals & families through
Continuing Education, Leadership Development,
Community Service

Aug	gust
7	

July

**Deadline articles for Oregon FCE News** 

TBA Linn County Picnic

Millersburg Park

**Independence Day** 

10 or 11 - ?

21 Mail Oregon FCE News

30 Deadline for Margaret Seibold Scholarship

Post marked by August 30

September

15 Deadline for Volunteer Nomination forms

Hours from Sept. 1, 2017 thru Aug. 30, 2018

# **National FCE Headquarters**

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