

MPY TRI-LINE NEWS

Volume 31, Issue 3

Marion, Polk, Yamhill

Summer/Fall/Winter 2024



I hope that you have been able to enjoy your summer with some family gatherings, vacations and some FCE gatherings.

District III had a picnic in Dexter, OR hosted by Lost Creek Study Group. There were 19 FCE members, friends and family from Klamath Falls to McMinnville. What a nice day it was. It was a warm day but there was a breeze so it was comfortable. Lots of food, visiting, some played a couple games. It was great to see friends that we often see only once a year. Thank you, Lost Creek for hosting the day.

I hope that you are able to enjoy all of the fresh local produce that we have available. Love this time of year when we can get or raise fresh vegetables and fruits.

Because of the cost of printing the donation cards this will be the last issue that they are included. If you would like a receipt for your donation let me know and I'll send you one. I will print something in the newsletter that you can use as a receipt also. Thank you for your donations and we do need them to be able to keep printing and mailing our newsletter.

If you know of someone that is receiving this newsletter that is deceased, moved or no longer want to receive this newsletter, **please** send me the information.

Lynda Nyseth, 21461 S. Hwy 99W,
Amity, OR 97101-2239 or e-mail
LYNDATrose@aol.com

Sincerely,

Lynda Nyseth, Editor

Live and Learn

And Pass It On

H. Jackson Brown, JR.

I've learned that getting up early is a problem for me and my mom. –Age 7

I've learned that when the traffic signal light says "walk," I'd better run. –Age 57



UPDATE FROM STUDY GROUPS

District III

Lost Creek FCE Study Group

Ann Conklin

Our summer picnic at Elijah Bristow Park on July 10th was great fun. Around 19 people attended. Lost Creek FCE hosted the event. They were assisted by Ray Massingham, Ron Conklin and Donna Ellickson. The group all worked together like a well-oiled machine in planning, setting up and putting things away. Anna and I got some family members to help also. The door prizes were won by Ann Conklin, Jean Leppin, Lynda Nyseth and Deanna Hadley-Wellman. The door prizes were provided by Amity FCE, Creative Homemakers, Lost Creek FCE and Klamath/Jackson County FCE. We enjoyed a nice potluck lunch and some played a game. Since it was a pretty warm day, we soon put the food and everything away. Our guests had a long, warm ride home. We were able to cover our expenses and donated \$50.00 to the Margaret Siebold Fund. We look forward to doing this again in 2025.

Amity FCE Lynda Nyseth

In May we met at Lynda's place. We had a lesson on "Human Trafficking—It's Not Just Sex Trafficking". After the lesson we went to Gerald's for lunch. Several had pizza and one had lasagna and meatballs. Good food.

In June we toured a landscaping business, owned by Brian Wicks. It was interesting to learn all of the ways (with the computer and drones) to make things easier for the clients to see how the plans are progressing. We sat around a beautiful table from Tyland, lots of carved elephants, trees and other plants. Lots of work put into the carving. We also admired a long counter top made from Lava from Brazil. Then we toured Mac Market Place and then had lunch at The Grainery. There were 5 members and 2 guest. A fun and informative day.

In July we attended the District III picnic in Dexter. We had 4 members and one guest that attended the picnic. It was a great time of visiting, catching up on each other's lives, eating and game playing.

Creative Homemakers Anne Engen, District III Director

This summer things have been quiet. We have had several members that have been sick, or in the hospital. We are hoping that 2025 will be better.

District I Karen Walker

Groner Study Group takes a break during the summer. In the fall they meet and crack walnuts to sell and use the profits for various charities. They also keep busy making church meals for shut ins and making quilts for charities.

Tualatin Study Group for the past several years has continued to meet in the summer to stay in touch. This year in June we met and did a drive by of three of the Quilt Barns on the 59 Quilt Barn Trail of the Tualatin Valley and then out to lunch. In July we met for coffee and treats at South Store Cafe. We ended the summer meeting at Panera in August for coffee and treats.

We are all looking forward to starting up in September working together for FCE.



***Donations from* Kay Gooding**

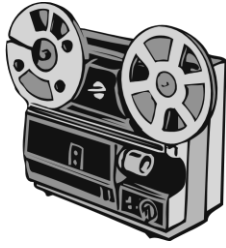
Thank you for supporting the **MPY Tri-Line News.**
Our next deadline is February 7 2025.

Lynda Nyseth, Editor MPY Tri-Line News
21461 South Hwy 99W, Amity, OR 97101-2239
Make check payable to MPY Tri-Line News.

Lost Creek FCE Picnic



Front row: Deanna Wellman & DOG, Velma Bottenberg, Anne Dibala Jean Leppin, Linda Bird and Anna Massingham. Middle row: Lynda Nyseth, Morena Poplin, Ann Conklin, Toni Frank, Vyonne Hite, Pat Putman. Standing in the back: Bonnie & Scott Teeple, Sally Wyffels, Elsie Gabrisch, Frank Huismen and Carol Edwards. Not pictured Jan Blankenship, Anna's son Ray and Ann's husband Ron.



On The Basis of Sex

A 2018 American Biographical legal drama film based on the life and early cases of “Ruth Bader Ginsburg”, who was the second woman to serve as an Associate Justice of the United States Supreme Court. Staring Felicity Jones as Ginsburg, supporting roles: Armie Hammer, Justin Theroux, Jack Reynor, Cailee Spaeny, Sam Waterston and Kathy Bates.

Submitted by Lynda Nyseth

REMEMBERING FCE MEMBERS



Darlene Grauer
1932 – 2024

Darlene was a 50+ member of the Sheridan FCE Study Group. She helped with the baking fund raisers that the club held for many years. She loved quilting, playing cards, creating special recipes.

She was a farm gal and raised four sons. As a farmer’s wife she was busy driving farm trucks, milking cows, selling eggs, making her own butter and homemade bread. She was a hunter and fisher woman. She gutted and skinned the wild game. In her younger years she could get a deer, gut it, skin it in the morning and make a wedding cake in the afternoon.

She and Glen, her husband, were members of the Braids & Braves, square dancers, in McMinnville.

She had many hobbies, but she found the most joy in her love of making quilts. She entered many into the Yamhill County Fair and was proud of the ribbons she received. She loved to cook, her specialties were her homemade clam chowder and coconut spice cake. She made many wedding cakes for family and friends.

Darlene was generous with her talents and donated quilts to the Sheridan Fire District and crocheted baby quilts and hats for the local hospital.
.....



Phyllis McIntire, Dec. 1936-March 2024

Phyllis grew up on a small farm between Beaverton and Hillsboro. She graduated from Hillsboro High School. After graduation, she attended the Good Samaritan School of Nursing. Upon graduation from nursing school, she worked at Good Samaritan Hospital in labor and delivery for many years. She retired after 45 years in her profession.

Phyllis met Carroll (Mac) her husband on a blind date. They purchased their first home in the Milwaukie/Clackamas area. Phyllis was an avid gardener and created a beautiful yard and garden. She was a master Gardener and created a productive garden with many vegetables, fruits and berries. Her cobbles were coveted. She loved to bring her cut flowers to gatherings and to friends and relatives. She was “famous” for her chili too.

Phyllis and Mac were campers and even after Mac’s death Phyllis continued to drive her RV for many years to camp with family and friends.

(Continued on page 4)

(Continued from page 3)

Phyllis was an active member of FCE until she was 85 years young. She attended many state conferences and some national conferences. She was looking forward to attending the state conference this year, as she has missed some of the last ones because of her health.

Oregon FCE State Conference
Sept. 30 – Oct. 2, 2024
Springfield, Oregon
Hilton Garden Inn
“Up, Up, and Away with FCE”

Lessons planned for this year:
What Does Food Security Look Like?
Do You Believe in Magic?
Love your Liver
Electric Cars: The Basics
‘Just Serve’
Great American Women, You’ve Never Heard of II

Self-guided tours, crafts, games, good food, visiting with friends, meeting new people and lots of information to share when you get back home. Come join in the fun and learning.

SCHOLARSHIPS

Scholarships are offered for those attending FCE conferences. Check www.oregon-fce.org for scholarships that are offered.

You will also find the registration forms and other needed information for the conference on the Oregon FCE web site.



STRAWBERRY SEASON **Observation by Nancy Thornton** **MPY reader and contributor**

In Utah, Mom would occasionally buy a small wooden box of strawberries for a dinner time treat, but I didn't glory in Strawberry Season until I lived in Oregon.

My introduction to Oregon Strawberries was when Bonnie Clow's mom presented a dishpan full of strawberries. We ate huge bowls of them!!

During the 1950's and into the 1970's the Willamette Valley strawberries were a cannery crop. For a whole generation of young people picking berries was their first pay check and the way they paid for their school clothes and supplies. It was back breaking work-- but in contrast made their next job seem easier.

Until I married, I'd never picked any fruit but with u-pick fields in the area that only charge 10 cents a pound-- I picked dishpans of strawberries.

We had them on pancakes, heaped over ice cream, in milk shakes and as grabbed snacks. A few of them even made it to the freezer for later.

Today-- those large fancy Store bought berries that come in plastic boxes-- aren't real strawberries-- they are just show -- with no taste.

CONESTOGA WAGONS VS PIONEER PRAIRIE SCHOONERS.

As early as 1719, Conestoga wagons were manufactured by Swiss German Mennonites in the area of the Conestoga River of Pennsylvania.

Until the 1820's when the railroad were built, Conestoga's were the "18 wheelers" of that era. Other than shipping freight by boats-- they were the predominant freight haulers to Philadelphia and other cities on the east coast.

They were large wagons-- 18 feet long; 4 feet wide and 11 feet high. Their floor bowed down in the middle to keep supplies from shifting. They could haul six tons of cargo and were pulled by 8 draft horses or 10 oxen. The bed of the wagons was calked, to prevent leaks when they forded rivers. They were covered with linseed oil treated heavy cloth that was stretched over bows to protected the supplies. (Continued on page 5)

(Continued from page 4)

The teamsters usually walked by the left back horse--"The wheel horse". This practice is why we drive on the right side of the road.

These heavy wagons traveled the well-developed roads of the east coast. They usually traveled in groups so there would be help if a problem occurred.

Pioneer Wagons were usually farm wagons with bowed covers for protections. They were cheaper, required fewer animals to pull them and were more suited to the narrow less developed trails of the west. They didn't bog down as often in sand, were easier to man power to lower off hills and over the other obstacles that challenged the pioneers settling The West.

Submitted by Nancy Thornton

Friendship

The Beauty of Friendship !

I loved this and wanted to share it with you ...

Why do I have a variety of friends who are all so different in character?

How is it possible that I can get along with them all?

I think that each one helps to bring out a "different" part of me.

With one of them I am polite.

With another I joke.

With another I can be a bit naughty.

I can sit down and talk about serious matters with one, be on the same wavelength with another.

With another I laugh a lot.

I listen to one friend's problems. Then I listen to another one's advice for me.

My friends are like pieces of a jigsaw puzzle. When completed, they form a treasure box.

A treasure of friends! They are my friends who understand me better than I understand myself. They're friends who support me through good days and bad.

Real Age doctors tell us that friends are good for our health. Call them Vitamin F (for Friends) and count the benefits of friends as essential to our wellbeing. Research shows that people in strong

social circles have less risk of depression and terminal strokes.

If you enjoy Vitamin F constantly you can be up to 30 years younger than your real age. The warmth of friendship stops stress and even in your most intense moments, it decreases the chance of a cardiac arrest or stroke by 50%.

In summary, we should value our friends and keep in touch with them. We should try to see the funny side of things and laugh together and pray for each other in the tough moments.

I know I am part of their lives because their names appear on my mobile screen every day and I feel blessed that they care as much for me as I care for them.

Submitted by Donna Michaelson, MPY reader

Volunteer Newsletter Staff

MPY Tri-Line News is published quarterly and is supported by voluntary donations. Anyone may receive the newsletter. Send news articles, donations or inquiries to: **MPY Tri-Line News, Lynda Nyseth, 21461 S. Hwy 99W, Amity, OR 97101-2239**

Executive Editor: **Lynda Nyseth**

Ph. (503) 835-2044

E-Mail LYNDATrose@aol.com

Column Editors

Food: **Debbie Puckett**, 23130 Zieber Lane NW, Salem, OR 97304. Phone: 503-302-4341

E-Mail Pcktd5@aol.com

Craft Projects: **Sharyl Michael** (503) 949-2057

Bookkeeper: **Linda Bird** (503) 843-2979

Mailing Committee: **Linda Bird, Velma Bottenberg, Sharon Herron, Sharyl Michael, Debbie Puckett, Sally Wyffels**

Word Processing & Layout: **Lynda Nyseth**

Contributors/County Council Chairs

Yamhill/Polk Council: **Lynda Nyseth**

District III Co-Director: **Anne Engen**, (503) 472-7146

13325 NW Willis Road, McMinnville, OR 97128

E-Mail Anne.n.engen@gmail.com

Send your mailing address and/or changes to:

Lynda Nyseth

21461 S. Hwy 99W

Amity, OR 97101-2239

LYNDATrose@aol.com

503-701-0719

PICTURES

Amity FCE Tour of Brian Wicks office



Carved table from Tyland



Amity FCE Study group and guest around
Countertop of Lava from Brazil



Velma Bottenberg, Lynda Nyseth, Alice Wicks, Bonnie Webber, Linda Bird, Annette Williams and Jean Leppin.

**The 26 letters of the English
alphabet are so intelligently
arranged. They show you
the way of life..**

"A"lways "B" e "C" ool. "D" on't
have "E" go with "F" riends and
Family. "G" ive up "H" urting
"I" ndividuals. "J" ust "K" eep
"L" oving "M" ankind. "N" ever
"O" mit "P" rayers.
"Q" uietly "R" emember "G" od.
"S" peak "T" ruth. "U" se "V" alid
"W" ords. "X" press "Y" our
"Z" eal.

Beautiful Words

Photo from Charmaine.
Submitted by Donna Michaelson, MPY reader

I PITIED MY OLD CLASSMATE

I met an old classmate; we had not seen each other for about 30 years.

When I saw him again, this time at a hotel lobby, he was looking simple. He wore simple clothes. I felt touched.

He walked up to me and was glad to see me again. But deep within me I was not impressed with his status compared to mine and poor me, I couldn't hide it.

We exchanged contact details and I could see the joy in him as he collected mine.

I told him I would drop him home in my brand new Range Rover and I pointed it out to him. He declined and said he had already called for his car. It looked old, a 2001 Honda Accord.

I invited him the next day for lunch at my house. A part of me wanted to impress him, to show off my success and affluence to him; while another was to discuss opportunities and possibly help him.

He drove to Parkview where I lived. He looked impressed with my home. I had taken a heavy mortgage. In fact, I was heavily in debt. We had lunch. He told me he was into small business and particularly real Estate. I brought up more business discussions, but he didn't sound too interested. I asked him how I could help him. He said he was fine. I even told him if he was interested, I could help him secure some loans. He looked at me and smiled.

He told me he would invite me over soon to his place. His old car came for him. I was grateful to God for what I had. "Fingers are not all equal" I thought to myself. I was lucky. I worked in a good place.

Two weeks later, my wife and I went to see him in a remote area. Initially, my wife was reluctant to go because she was not impressed with the man's status as to warrant our visiting him in his house.

I was able to convince her that we were close friends in College.

We saw the Estate. We asked for directions to his home. Those leading us spoke his name with deference.

It was a simple but lovely home. A 4-bedroom bungalow. I saw 4 cars parked in front. We entered his home. It was simply elegant with a touch of class inside. He welcomed us warmly.

Lunch was well served.
His wife called him Papa Onos.

During lunch, he asked about my MD. He said they were friends. I saw a company gift on one of his tables nearby. That company owned about 38% shares where I worked. I enquired from him about it. He smiled. He told me he owned the company. He also owned the Estate.

I did not know when I called him sir. I was in awe of him too.

I had learnt a lesson in humility, A big one.
Appearances are deceptive. He noticed my discomfort.

Driving back home, I was very quiet. My wife was humbled and extremely calm. I could perceive the thoughts in her mind. I looked at myself. Living on loans, heavy loans and showing off while someone who pays my salary is quite modest and living a simple life.

Indeed Deeper Rivers Flow In Majestic Silence.

Adjust your perception towards others this year.

Read, learn and take a good step of change.

Stop rating people based on their physical appearance or level of education.

Concentrate more on how to better your life, than on how to impress people.

Have a lovely day ahead.

Submitted by Donna Michaelson

**OR Assoc. Family & community
Education
MPY Tri-Line News
21461 S. Hwy 99W
Amity, OR 97101-2239**

October

14 Yamhill Co. Council, 9:30

2 Oregon State FCE Conference ends
21 Mail newsletters, 9:00

3 ZOOM Lesson

14 Columbus Day

31 Halloween

November

5 Election Day

6 ZOOM Lesson

8 Yamhill County Council, 9:30

11 Veterans Day

28 Thanksgiving

FCE CALENDER

August 2024

December

23 Oregon State Fair, begins
4 ZOOM Lesson
30 Deadline for Margaret Seibold Scholarship
13 Yamhill County Council, 9:30

September

25 Christmas Day

2 Labor Day

January 2025

Oregon State Fair, ends

2 ZOOM Lesson

4 ZOOM Lesson

10 Yamhill County Council, 9:30

Deadline for Hotel reservations

For FCE State Conference

February

13 Yamhill County Council, 9:30

5 ZOOM Lesson

30 Oregon FCE Conference begins

7 Deadline for articles for both

Hilton Garden Inn, Springfield, OR

Oregon FCE and MPY

Oregon Association for
Family & Community Education