MPY TRI-LINE NEWS

Volume 31 Issue 2

Marion, Polk, Yamhill

Spring/Summer 2024





It is nice to see much color in so many yards with our spring flowers. Too bad that the rain, wind and in some places snow have beaten them down, but today the sun is out here and they are lifting their faces to the sun.

I hope that your year is bringing you happy times. Each year brings many new adventures, some good and some with sorrow. My husband and I are enjoying watching our grown children, grandchildren and great-grands as they grow and have new experiences: becoming grandparents; starting school or new jobs; sports and getting drivers licenses. All learning experiences.

I have learned of the passing this March of two of our long time FCE members: Marilyn Thompson and Phyllis McIntire and Clinton McDonald the husband of Loretta McDonald. Let's all remember these families during their days of sorry and may they be comforted as they remember all of the good times and memories with their loved ones.

In FCE District III has held our Spring Festival. We had 28 attending from Yamhill, Lane, Washington and Klamath Counties. We enjoyed hearing from our Fire Chief, Ian Yocum and our young volunteers: Jordan Dyke (2028 graduate); Dylan Anderson (2023 graduate) and Carson Ruyle (high school junior). Learning about the activities they do and the areas that our department serves. In 1874 the McMinnville Department also covered Amity, in 1895 the City of Amity took over the fire department and in 1990's Amity became its own fire district. We cover 85 square miles. We have 37 volunteers with 6 part-time employees. Most departments are made up of volunteers, with very few paid employees. With most being farmers in our area it is harder and harder to get the volunteers needed, so the high school students are a big help. There are just a few districts that are able to use the high schoolers. We are fortune to be able to work with the school district. They offer a work program with credits that allow them class periods to have outside employment or volunteer time. We have both men and women volunteers, many are family members with the youth seeing what their parents are doing and wanting to do the same things, one father came back to volunteer after several years off, because of seeing the joy that his son was having as a volunteer.

To continue our day we visited Malaysia with Bonnie Teeples. Bonnie shared her time at the ACWW Triennial, meeting with women and men from all over the world as we work on making the voices of women heard and helping them make life better for their families. Food security and child trafficking are a couple of the big issues that we are working on to find answers to help families all over the world. Bonnie and the other members were entertained by the Queen, visited the palace and other places to see how the people of Malaysia live. On one of the tours they were included in a wedding. There was a lot of security that went with them as they traveled, especially to the palace.

We also had some fun with a craft that some made at the meeting and others took home to do, we played Firemen Bingo, had used book sale and raffle baskets and of course our salad and dessert lunch. A great day of learning and fun together with fellow FCE members and visitors.

April 17th some of us will travel to Washington County for their Spring Gathering, where we will learn more about the Cascadia Subduction Zone.

April 29th we will meet at the Discovery Park, on Cyprus Street in McMinnville, for our ACWW Women Walk the World. If you would like bring a lunch at 1 and we will walk at 2. I hope that many members and friends will join us this year. Continued on page 2

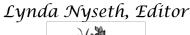
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Donations are welcome for ACWW whether you walk or just want to help. There is a paved walking path, so it is good for walkers, wheel chairs or canes too. We usually walk for 30 minutes. It is good to get together and support this worthy cause of helping women around the world.

We are trying to cut down our mailing list as to who is really interested in what FCE is doing, so if you know of someone that gets this letter who are deceased, moved, changed address or no longer want the newsletter, please let me know.

Send the changes to Lynda Nyseth, 21461 S. Hwy 99W, Amity, OR 97101-2239 or e-mail LYNDATrose@aol.com

Sincerely,







Spring Festival 2024 with Dylan and Jordan, volunteer youth firemen.

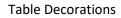
(Sorry that the decorations could not be in color. Every table was colorful and bright. Sorry that I didn't get a picture of Bonnie and her display table.)



Fire Chief Ian Yokum, Jordan Dyke, Dylan Anderson and Carson Ruyle.



Alice Wicks, Heart of FCE from Yamhill County, Scott Teeples and Claudene Eden, 50 year FCE member.











From the Desk of the District III Director, Anne Engen

In District III we have 32 members, in Lane, Marion and Yamhill Counties. You have lessons on Filling Your Pantry on a Budget, Natural Home Remedies, Keeping Our Planet Green, History of Vinegar, Positive Leadership Traits by Birth, Savory Meals for One or Two and what Women Wore in 1952 and Zoom lesson on How to be a Good Guest.

We had a total reported of 398 volunteer hours for FCE and 1,717 other hours volunteering. These included preparing and teaching lessons, writing minutes and keeping records of funds. Working on newsletters, sending reminders of our next meetings and up-coming events. Volunteering in our communities also is a large part of our hours, they include knitting, crocheting and quilting items to be given away. Helping at our local hospital, church, helping neighbors, with chores and rides to appointments or shopping. Volunteering with Maclaren Youth organization and Master Gardeners, plus much more.

I'm sorry that I must step away from being your District III Director. The changes in my health cannot be fixed or slowed. I want to be an active member as long as I can. Thank you for being kind when I asked you to gather our group's volunteer hours and quickly send them to me for my report. You will be in good hands with the incoming District III Director.

District I Washington County report Karen Walker

We have two Study Groups and 3 Members at Large.

Groner Study Group has 7 members and they meet in each other's homes. They crack walnuts, sell them and use the money for donations to charities. They volunteer at church and help neighbors with rides to doctors' appointments. Tualatin Study Group has 11 members and meet in a local restaurant. During the year they help support Community Transitional School (a school for homeless children) and the Good Neighbor House (a resource for homeless people).

Washington County Advisory Board has 5 members and when she is available the OSU Extension Adviser attends. They will be providing the table decorations for the 2024 State Conference.

District V Director, Barbara Lougnot

We have 3 Study Groups with 24 members. Study groups include: Talent/Phoenix; Contemporaries and Prospect.

We have presented lessons on: An Apple a Day, May keep the Doctor Away; Healing Power of Food; Keeping Bladder Healthy and Avoiding incontinence; Cascadia Subduction Zone; Water Falls in Oregon; Aging in Place – Aging Well; Electric Cars; Family History & Journaling; Family Meals for Healthier, Happier Families; Living through Mental Health; Making those tough End of Life Decisions.

They reported 185 volunteer hours, but there are many more that were not reported. We will work on that for next report.



Movie review The Other Side of the Mountain. Beau Bridges, Marilyn Hassett

Inspirational true story of Olympia hopeful Jill Kinmont. Up-and-coming world-class skier, faces her greatest challenge when she is left paralyzed from the neck down after a tragic accident during a pre-Olympic competition in the 1950's. She shows human courage and a champion determination to find "The other side of the Mountain".

Tyson's Run. Major Dodson, Amy Smart, Barkhad Adbi and Rory Cochran.

When a 15-year-old Tyson attends public school for the first time, his life changes forever. Never letting his autism hold him back, Tyson becomes determined to run his first marathon in hopes of winning his father's approval. He learns all things are possible when you have faith in yourself and the courage to take the first step. (*These are based on true stories*)

REMINDER

If you have an article, book or movie review for the MPY Tri-Line News send it to Lynda Nyseth, Editor MPY Tri-Line News, 21461 South Hwy 99W, Amity, OR 97101-2239. Our next deadline is August 2, 2024. If you want to send a donation, **make check payable to MPY Tri-Line News** and send them to me. If you have a recipe, send it to Debbie Puckett, 23130 Zieber Lane NW, Salem, OR 97304. Thank you.



Oregon FCE Conference 2024 Springfield, Oregon Sept. 30-Oct. 3, 2024

"Up, Up and Away with FCE." Six classes offered.

- 1. JustServe.org. A volunteer website, How we use it?
- 2. Oregon Ghost Towns
- 3. Do you believe in Magic?
- 4. Loving Your Liver
- 5. What does Food Security look like?
- 6. Great American Women, Part 2

We are also having a session for some Crafting Activities and Games. Come for learning and visiting with old friends and making some new friends and lots of fun times.

We are again at Hilton Garden Inns hotel in Springfield.

As always if you need assistance with finances there are scholarships available, ask your District Director, check on the web site <u>www.oregon-</u> <u>fce.org</u> or contact Scott at <u>sfteeples@outlook.com</u> Volunteer Newsletter Staff MPY Tri-Line News is published 3 times a year and is supported by voluntary donations. Anyone may receive the newsletter. Send news articles, donations or inquiries to: MPY Tri-Line News, Lynda Nyseth, 21461 S. Hwy 99W, Amity, OR 97101-2239 Executive Editor: Lynda Nyseth Ph. (503) 835-2044 Cell Ph. (503) 701-0719 E-Mail LYNDATrose@aol.com

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My husband told me the other night that I am like an old pair of shoes. Everything is worn out except for the tongue!



In Loving Memory



Marilyn and Loretta Marilyn Carol (Mack) Thompson, Nov.24,1941 – Feb. 28, 2024.

Marilyn was born in Oregon City. She attended school in Canby, until she graduated in1959. She attended Linfield College for two years, Portland State for two years and Easter Oregon State College for one year. She graduated with a Bachelor's Degree in education in 1964. After graduation, she taught for seven years. She taught in Glide, Oregon and Bakersfield, California.

After her marriage to Mickey Ebb Thompson in 1969, they lived in Bakersfield, California, where their first daughter was born. Two years later they moved to Las Cruces, New Mexico, where their 2nd daughter was born. In 1976 they were in Prineville, OR, where their 3rd and 4th daughters were born. Sadly their 4th daughter did not survive the birth.

Marilyn taught Sunday school at Prineville community Church. She led Campfire groups for all her children and later her granddaughter. She did various other volunteer activities. After her youngest daughter started school, she got certified to be a substitute teacher.

For many years she served as Co-Director for District IV along side Loretta McDonald. She will be remembered by many friends in FCE for her faithful service to FCE.

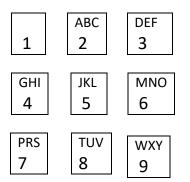
Phyllis McIntire, member from District I is another member that will be missed by many FCE members and friends. I will be getting information from her daughter for the next newsletter. Phyllis loved attending FCE conferences and meetings.

Clinton McDonald, although Clinton was not a FCE member he will be missed by many friends. Our prayers go out to Loretta her son and daughters during this time.



Who ya gonna call?

Here's an extraordinary phone that can dial up any person from the past or present? We've listed some numbers that can be converted to one of three letters on the telephone keypad and just to make it interesting we've given you a clue as to who you are calling.



A. 34678346 ... for a general theory that caused a relative explosion in physics.

B. 6279 ... for a philosophy that started a cold war.

C. 84733 ... for what District Yamhill County is in. D. 73253 ... for a lesson in the power of positive thinking, Norman Vincent.....

E. 726343 ... for essay contest for 4th graders.

F. 72463 ... for a dose of his famous "Common Sense." He will tell you these are the times that try men's souls. Thomas....

G. 6624 ... for expert advice in three different areas: weather, zoology and boat building.

H 72688 ... for Oregon State FCE President.

I 332243 ... for MPY recipes.

J. 7424837 ... if you are quaking in your boots or if you want to get a scale. Call Burton...

K. 5263 ... for a County in District III. Answers on page 7



Beaver Hats

Beaver hats brought the first Europeans to the Oregon Country.

Beaver hats weren't like ordinary fur hats-- they are made from felt.

Though felt making was common in parts of Asia, the process wasn't introduced to Europe until The Crusades.

Home knit caps were easy to acquire. Felt hats were costly - they were a status symbol.

Felt is made from matting animal hair. Sheep wool is commonly used. Beaver under hairs have little barbs that cling and produces superior felt.

By the late 1600's European beavers had been trapped to near extinctions.

England and France were major producers of felt. Their need for the superior beaver wool was the incentive to develop the trapping of furs in North America.

A major player in this enterprise were the Hudson Bay Company who in 1824 built Fort Vancouver on the Columbia River.

To manufacture beaver felt, the guard hairs have to be combed off. Then the hide is soaked in a solution of Nitric Acid and Mercury to loosen the hairs from the hide. The under hairs-- or beaver wool is shaved off. It can be mixed with other hair types.

The percentage of beaver hair determines the quality of the fabric. The sloppy wet mixture of hair is spread on forms to drain and then be shaped.

It takes around 5 beaver hides to make a high quality beaver hat.

A well made beaver hat is water resistant and holds its form.

Beaver hats built the Stetson Image. The amount of beaver wool in their felt still contributes to the variation of the price of a Stetson.

Submitted by: Nancy Thornton

What Jeff Foxworthy has to say about Living in Oregon

If someone in a Home Depot store offers you assistance and they don't work there, you live in Oregon.

If you measure distance in hours, you live in Oregon.

If you know several people who have hit a deer more than once, you live in Oregon.

If you have switched from "heat" to "A/C" and back again in the same day, you live in Oregon.

If you install security lights on your house and garage but leave both doors unlocked, you live in Oregon.

If you can drive 75 mph through 2 feet of snow during a raging blizzard without flinching, you live in Central, Southern or Eastern Oregon.

If you design your kid's Halloween costume to fit over 2 layers of clothes or under a raincoat, you live in Oregon.

If driving is better in the winter because the potholes are filled with snow and ice, you live in Oregon.

If you know all four seasons: almost winter, winter, still winter and road construction, you live in Oregon.

If you feel guilty throwing aluminum cans or paper in the trash, you live in Oregon.

If you know more than 10 ways to order coffee, you live in Oregon.

If you know more people who own boats than air conditioners, you live in Orogen.

If you stand on a deserted corner in the rain waiting for the "Walk" signal, you live in Oregon.

If you consider that if it has no snow or has not recently erupted, it is not a real mountain, you live in Oregon.

If you can taste the difference between Starbucks, Seattle's Best and Dutch Bros, you live in Oregon.

If you know the difference between Chinook, Coho and Sockeye salmon, you live in Oregon.

If you know how to pronounce Sequim, Puyallup, Clatskanie, Issaquah, Oregon, Umpqua, Yakima and Willamette, you live in Oregon.

If you consider swimming an indoor sport, you live in Oregon.

If you know that Boring is a city and not just a feeling, you live in Oregon.

If you can tell the difference between Japanese, Chinese and Thai food, you live in Oregon.

If you never go camping without waterproof matches and a poncho, you live in Oregon.

If you have actually used your mountain bike on a mountain, you live in Oregon.

If you buy new sunglasses every year, because you cannot find the old ones after such a long time, you live in Oregon.

Submitted by Carolyn Rundorff, District I

Answers to Who ya gonna call (from page 5)

A. Einstein

- B. Marx
- C. Three
- D. Peale (Norman Vincent)
- E. Sandie
- F. Paine
- G. Noah
- H. Scott
- I. Debbie
- J. Richter
- K. Lane

PLEASE COME AND JOIN IN THE FUN!

What: FCE Picnic Where: Elijah Bristow State Park 38259 Wheeler Road Dexter, Oregon Big Leaf Maple Picnic Area When: July 10th 10 am - 2 pm

- All State FCE members are welcome. Bring a friend along to join in the fun.
- Please bring a lawn chair and special drinks if desired. Also please bring a dessert or salad to share.
- Chicken will be provided and drinking water and an iced tea/lemonade mixture.
- Each FCE group that attends is asked to bring a basket (or) plant worth \$25. to raffle off to help cover expenses.

Please RSVP Ann Conklin at

conklinar@gmail.com or leave a message at either 541-228-5206 or 541-937-3181 by June 25th, so that we can plan accordingly.

Registration fee is \$10. The money will cover expenses. Any additional funds collected will go to MPY Tri-Line and Margaret Seibold Scholarships.

Send registration to Elsie Gabrisch, 2536 Debra Drive, Springfield, Oregon 97477 Name:

Address:

Commandments for seniors

The ability to speak several languages is an asset, but the ability to keep your mouth shut in any language is priceless.

Be decisive. Right or wrong, make a decision. The road is paved with flat squirrels who couldn't make a decision.

When I get a headache I take two aspirin and keep away from children just like the bottle says.

Just once, I want the prompt for username and password to say, "Close enough."

Becoming an adult is the dumbest think I've every done.

If you see me talking to myself, just move along.

I'm self-employed. We're having a meeting.

"Your call is very important to us. Please enjoy this 40-minute flute solo."

Does anyone else have a plastic bag full of plastic bags, or is it just me?

I hate it when I can't figure out how to operate the iPad and my tech support guy is asleep. He's 5 and it's past his bedtime.

Today's 3-year-olds can switch on laptops and open their favorite apps. When I was 3, I ate mud.

Tip for a successful marriage: don't ask your wife when dinner will be ready while she's moving the lawn.

So, you drive across town to a gym to walk on a treadmill?

Old age is coming at a really bad time.

If God wanted me to touch my toes, He would've put them on my knees.

Last year I joined a support group for procrastinators. We haven't met yet.

Why do I have to press one for English when you're just going to transfer me to someone I can't understand anyway?

You don't need anger management. You need people to stop irritating you.

Your people skills are just fine. It's your tolerance for idiots that needs work.

"On time" is, when you get there.

Even duct tape can't fix stupid – but it sure does muffle the sound.

It would be wonderful if we could put ourselves in the dryer for ten minutes, then come out wrinklefree...and three sizes smaller. Submitted by Susan Hrüza

OR Assoc. Family & community Education MPY Tri-Line News 21461 S. Hwy 99W Amity, OR 97101-2239

FCE CALENDER

April 2024

29 ACWW Walk, 1pm lunch Walk at 2 pm, Discovery Park McMinnville, OR

May

- 1 Zoom lesson
- 10 Yamhill Co. Council
- 12 Mother's Day
- 27 Memorial Day

June

- 5 Zoom lesson
- 16 Father's Day

July

- 3 Zoom Lesson
- 4 Independence Day
- 17 FCE Picnic, Dexter

August

- 2 Deadline for Newsletter Articles
- 7 Zoom Lesson
- 16 Mail MPY and Oregon FCE News

September

- 2 Labor Day
- 30 Oregon FCE State Conference Springfield, OR Thru October 2, 2024

Oregon Association for Family & Community Education