

Oregon FCE News

Volume 30 Issue 3

Oregon Association for Family & Community Education

August 2023

President's Comments



President's Newsletter Article August 2022

From Erlanger, Kentucky, and site of the 2023 National FCE Conference I say, "Greetings from your President." I hope this report finds that all is well with each and every one of you. Yesterday, July 28, we arrived after 4 long days of driving about 650+ miles each day. We pushed hard and got here two days earlier than we expected. We had to drive to Kentucky to bring the 5 totes and printer to the National Conference. Now we have some time to finish up some National and State FCE items. Once the National Board arrives, we'll be busy every day because, at no surprise to anyone, Bonnie is the Conference Chair.

I hope that each of you are getting ready for and planning on going to the 2023 Oregon FCE Fall Conference. Bonnie and Sandie have been working on the Conference Registration form and will be available in this Newsletter. I have updated the "Friends of FCE Conference Scholarship" application and it also will be included in this newsletter. Please use this Scholarship if you need some financial help to attend the Conference.

The theme of the Conference is "FCE, Building Blocks for Today and Tomorrow." The six classes for the Conference include: 1. Ovarian Cancer, the Silent Killer; 2. Easy Ways to Go Green; 3. Cascadia Subduction Zone; 4. Savory Meals for 1 or 2, Ways to a Joyous Life; 5. Human Trafficking, It's Not Just Sex Trafficking; 6. Filling Your Pantry

on a Budget. We are also having a session for some Crafting Activities and Games.

The dates of the 2023 Conference are October 1-4, 2023, and will be at the same place as the last two years in Springfield, Oregon. We will have 6 wonderful new lessons, a wonderful guest speaker, a couple of great presentations, and lots of fun and fellowship. We will again be doing our FCE Country Raffle, the Margaret Seibold Auction, and the Door Prize Basket drawing. We will need donations for each of those. More information is located in other parts of this Newsletter.

Last year, an Assignment/Volunteer List, for the Conference, was used, and it worked great. It was wonderful to have all of those helping hands, and minds, from so many from across the state. It took a Village to put the Conference on last year and we'll do it again this year. I'll be sending out that Assignment/Volunteer list soon as a reminder of your commitments.

Just another reminder, if you haven't been on the Oregon FCE website lately, now's the time to do so. There are all sorts of forms and information, including various Scholarship Applications, etc. There are a total of 152 lessons available for you to view, print, or download. If you have other lessons that you would like to send me, I can scan them and share them on the website.

I've also spent a lot of time on the National FCE website scanning, downloading, and posting. The "Members" page has all of the Hearth Fire lessons, all of the FCL lessons, all of the Character Counts Pillar Books, and several other miscellaneous FCE materials. National FCE has not opened this page as of this date but may do so soon.

Besides holding our own great Study Group meetings, Bonnie and I attended a District 1 activity in Portland, a District 5 activity at Lake of the Woods, and a wonderful FCE picnic, sponsored by Lane County FCE, just outside of Eugene. Lots of wonderful FCE activities are going on across the state. I can't wait to attend other events and activities.

Please remember that we will be electing some new officers during the 2023 State Conference including **President** (because no President Elect was elected), and **District 1 Director**. A **Secretary** needs to be appointed if we find someone that is willing to fill that responsibility. Please let the Nomination Committee (Sally Wyffels, Lynda Nyseth, or Bonnie Teeples) know of anyone you know that would like to be nominated for any office or appointed as Secretary.

We, as the State Board, have been meeting almost every month, via Zoom, in preparing for the Conference and other activities throughout the state. I know these meetings have really helped us in preparing for all that we, as a State Board, need to do. If you ever have any suggestions, comments or concerns that we, as a Board, need to know, please let us know and we'll discuss it in our meetings.

The Oregon FCE Zoom lessons have continued onward this year. I just hosted our 32nd monthly lesson. They are usually held on the first Wednesday of the month. FCE members, and friends of FCE have participated from all across the USA. If you don't know how to get onto Zoom, let me know and I can help you. All of the Zoom Lessons have been recorded and are available on the Oregon website www.oregon-fce.org. Please let me know if you'd be interested in being a presenter. If I don't find presenters, these lessons may come to an end.

As always, and I always will repeat "Scott's Challenge." My challenge to you is to do all that you can do to "Grow" this organization. We, as FCE members, can make a difference by increasing our membership. Every one of you was "Invited" to join this organization. Now it's your turn. Don't do this great organization a disservice by not inviting others to join. Don't let FCE die. You, each of you, can be the salvation of Oregon FCE. One last reminder, if we don't do something to help this organization grow, the challenges of "Aging Out", and an "I don't care attitude" will destroy this organization. Become part of the solution. Don't be a "Nay-Sayer," become a "Yay-Sayer."

It is always a great honor to serve each of you and I hope you know that I have done it to the best of my abilities. I appreciate all the love and support that each of you have given me, from the individual FCE members up to the many FCE officers.

Working together, we can accomplish many great things at all levels of FCE.

I am excited about the things that we have done, can do, and will do in Oregon FCE. With all of us working together we can make Oregon FCE all that it can be. **"It is what you will it to be"**.

Thanks for all you do,
Scott Teeples – Oregon FCE President

Web Site for Oregon FCE

www.oregon-fce.org

Again, please check out the web site and let me know what you think. There is lots of information and forms available to all members. Have you checked out YOUR County "Invitation to Join" Brochure that is now available? Please contact Scott Teeples at 541-891-6456, or email sfteeples@charter.net if you have any comments or questions.

Oregon FCE News is sent 3 X year to FCE members paying dues for Jan. 1 to Dec. 31, 2023.

~Next deadline-February 2, 2024 ~

Send articles and/or change of address to:

Lynda Nyseth, Editor

21461 S. Hwy 99W

Amity, OR 97101-2239

E-mail LYNDATrose@aol.com

State Conference October 1-4, 2023

Hotel accommodations are listed on the back of the registration form and also on the Oregon FCE website. The location: The Hilton Garden Inn, 3528 Gateway Street off I-5. Reservation phone number 1-541-736-3000. Be sure to mention The Oregon FCE Conference to get the room rate.

There are self-guided activities for Monday morning and early afternoon. Tour/Activity ideas: Springfield History Museum; Springfield Murals – Map available; and Gateway Mall shopping. **Be sure to be back to the Hotel by 2 pm** for the class "Cascadia Subduction Zone". Followed by crafting fun.

Monday evening & Tuesday evening after dinner games will be offered.

Wednesday morning there will be "Memorials" followed by "Human Trafficking-It's Not Just Sex Trafficking".

Come and enjoy it all.

**Lessons for 2023 Oregon FCE Conference
Springfield, OR
October 1-4, 2023**

**“Person to Person...Searching for the
Silent Killer-Ovarian Cancer”**

Every year 12,810 women die from this insidious, silent killer. Globally, the number rises to 207,000. And women are not its only victims, men are as well.

Who is this indiscriminate killer and why should we be concerned? Come find out during the 2023 Oregon FCE Conference.

Presented by Patti Malanaphy. Patti has served in many offices for FCE, she was our State FCE President and then State FCE Secretary.

.....

**“Human Trafficking...” *It’s Not Only
About Sex Trafficking!***

*What are the real facts about Human Trafficking?
What is it and what can we do to help prevent it?*

What is the History of Human Trafficking? Why is there such a thing as Human Trafficking? Who is affected by Human Trafficking? How many people are affected by Human Trafficking? Who does Human Trafficking affect? What communication can happen during Human Trafficking? What can we do as individuals to help prevent Human Trafficking? What can our communities do to help prevent Human Trafficking? What are some great resources to learn more about Human Trafficking?

Lesson developed and presented by Scott and Bonnie Teeples. Bonnie is a long time FCE member that is currently serving as the ACWW-USA Area President, Oregon FCE State Treasurer, Klamath/Jackson County President, and Contemporaries Study Group President. She is also a Past National FCE President and Past Oregon FCE President. Scott is the current Oregon FCE President and has served on the National FCE Board and many positions at all levels of FCE. Through the years, Bonnie and Scott have developed and presented many wonderful lessons at all levels of FCE. Both are FCL (Family Community Leadership) Certified Leader/Trainers.

**“Cascadia Subduction Zone”
Am I prepared for the BIG ONE?**

What is the Cascadia Subduction Zone and why is it important to ME? The Cascadia Subduction Zone is a 600-mile fault that runs from northern California to British Columbia and is about 70-100 miles off the Pacific coast shoreline. There have been 41 earthquakes in the last 10,000 years within this fault that have occurred as few as 190 years or as much as 1200 years apart. According to some we are overdue! Learn where the worst might happen and what we can do to be better prepared.

Taught by Bonnie Teeples and Barbara Lounnot Bonnie has been a member of FCE since 1979. She joined the organization because a friend asked her to go to a meeting. She loved it and joined! Her group was primarily made up of young homemakers like herself. They had 35 members and about 25 littles in their paid nursery! One of the earlier meetings she attended was a class on deboning a whole chicken. It was fun the first time, and she did it for her family one more time. It was too time consuming to do it for a large family!

She has served in various study group and county council offices. She served on the State Board in two positions before being elected as Oregon FCE State President. After her term as State President, she was elected to the National FCE Board and served in various positions before being elected as the National FCE President. She is currently serving as Oregon FCE Treasurer and as the ACWW USA Area President.

Some of her greatest memories of FCE are the memories she has had with her FCE FAMILY. She loves this organization and wants so much for others to have the experiences she has had as she serves.

Barara has been a member of FCE since 2017 and, as the story goes, Scott took her fishing and wouldn’t take her back to shore until she agreed to become a member! By the time they got back to shore she had lots of fish to take home and knew a ton more about FCE. Let’s just say, at that point, she was ‘hooked’.

At her 2nd study group meeting she left that meeting being the new study group president. She has held positions on their county counsel and as District 5 director.

.....

“Savory Meals for one or two, Plus Kitchen Tips”

Simple recipes for beef, chicken, eggs, pork, seafood and Green Dragon soup. Also, how to turn leftovers into tasty meals. Be surprised by the kitchen tips from Cook’s magazine.

Taught by Anne Engen. Anne is a 50-year FCE member and currently District III Director. She has held many offices in FCE including State President.

.....

“Filling Your Pantry on a Budget”

This lesson includes ways to save money on groceries. We will learn many sly tricks that are used by grocery stores to encourage us to spend more than necessary when we are there. Planning ahead of your shopping trip is also a big game changer.

Presented by Ann Conklin. She is currently secretary of the Lost Creek Study Group. She hopes that everyone will walk away from the lesson with at least one or two new ideas on how to save a little more on the cost of groceries.

.....

“Keep our Planet Green”

Has cleaning your house become a hazmat experience? Come join Sandie Bolyard and Kerry Mauk for a fun and informative lesson. Learn about environmentally safe cleaners for your home and find out recycling facts you may not know about.

Taught by Sandie Bolyard and Kerry Mauk. Sandie has enjoyed writing and presenting 20+ lessons for FCE. She has been a member in this great organization since 2000 and held offices on local, County and State levels. She is currently VP for Public Policy and am proud to present the lesson on “Keep our Planet Green” with Kerry Mauk, please join us to learn about environmentally safe cleaners and learn fun facts about recycling.

Kerry has been a member of Oregon FCE for 16 years. She has written and taught ten plus lessons. She enjoys researching and writing lessons. It has been a great outlet for her these past 16 years. She is grateful that FCE affords her that opportunity.

District and Study Group Reports District I Clackamas County FCE Woodmere FCE Cathryn Schabell

This summer is flying by so quickly it’s difficult to keep track of the months. Woodmere FCE still has nine members, doing their same volunteering activities. May 16th, we had our final meeting followed by lunch at Elephants Delicatessen, 115 NW 22nd Avenue in Portland: (Phone #503-299-6304), followed by a tour of the Pittock Mansion. It was a beautiful day and had seven members and three guests, enjoying our ANNUAL EVENT. We will meet again on September 19, 2023.

The future of Woodmere FCE is changing in 2023, in July, Lendamai Poole moved into Cherrywood Village Retirement, Wynridge Building, currently getting settled into her apartment. As stated in a previous newsletter, my husband, Orson and I moved into Cherrywood Village, The Gardens Building in November, 2022, still getting settled.

Woodmere members have discussed our future at several meetings in 2022-2023, unable to get New Officers, so finally voted to disband at our September 19th meeting from: Woodmere FCE to Woodmere (monthly – social) group. The current officers are just ready for “A change in future activities”. I guess, the current terminology is: “BURN OUT”!

We, as long-standing members of Oregon FCE, some have been with Woodmere for 55 years or longer, will have lasting memories, but things are changing with age. So, this will be my final newsletter for the State FCE. We, as a group are wishing only the BEST FOR THE FUTURE OF FCE. Take good care now. Woodmere FCE.

Tualation Study Group, Washington County Karen Walker

Our Study Group continues to meet during the summer each month for coffee so that we can check up on each other and get caught up. Our August get together we will do a 'drive by' to two Tigard historical homes and then out to lunch.

District III

Anne Engen, Director

We have 3 active Study Groups, Lost Creek South of Eugene, Amity Study Group, and the Creative Homemakers in McMinnville

On July 12th 7 members from Amity FCE and Creative Homemakers and one guest attending a picnic at Elijah Bristow State Park, Dexter, Oregon. Lost Creek FCE Study Group from Lane County was our host. A lovely park with walking paths along the Willamette River, which a couple took advantage of a walk down to the river. A plant sale was held, with the proceeds going to the Margaret Siebold Scholarship. Lots of good food was enjoyed, lots of visiting and a few games were played too. There were 23 members and guest that enjoyed the day. Thank you to Lost Creek FCE for hosting the day.

Creative Homemakers FCE study group Turns 50!

The early years

With the encouragement of our Extension Agent, Monine Strode, we started in 1973 with seven members and named ourselves The Yamhill County Young Homemakers. By the end of 1975 our group had grown – even had 6 babies. We needed to raise money to pay for babysitters. We had garage sales, rummage sales, (made \$40) sold cards and stationary (made \$40), had a bake goods & crafts sale at US Bank, had a booth at holiday craft sales, served pie and ice cream at Yamhill County Bank promotion (\$75) and once toured Macy's Funeral Home, our group was paid a dollar for each of us. In 1978 the group catered a dinner for 58 representatives and board members of Cascade Steel. Made \$300.

1973 – 1974 STUDY GROUP LESSONS

Eye-Opener – Work Smarter Not Harder

October – Japanese cooking

November – All Broke Feeling – how to live within one's income

January – Food Dollars and Sense

February – Our Children, What they Want

March – Our World is Fragile, Handle with Care - -
-pollution

April – Delicious Nutritious Desserts

May – Electric Know how

As our kids grew we didn't need babysitters, but still raised money so that we could give some away to help 4-H kids, FCE needs and have a chance to go places without kids.

Each summer we chose a tour, Bob's Red Mill, a doll factory, Pendleton Woolen Mills and shopping at John's Landing, walk Old Town Portland to visit Daisy Kingdom where a guy staggered off the sidewalk saying “Who let the cows out!” (we were in our 30's and 40's). We visited farm-stand/bakery near Woodburn, and a large lavender farm south of Amity.

In 1976 our group preformed a split stage play, a satirical comparison of a mother in 1876 and a mom in 1976. This was given for Spring Festival and at our County Fair. We gathered props, outfits and members were narrators and silent actors. We have that skit.

After other FCE groups snickered at our name, we changed it to Creative Homemakers and began to win all the prizes for best table decorations.

This May our group celebrated our 50th with colorful funny party hats with matching colorful cake made by one of our granddaughters. We played a game answering questions about stories, lessons, and activities our group has enjoyed these 50 years.

Only 2 active members have been here all 50 years, Dotty Keister and Anne Engen.



Carol Huson, Julie Tycer, Dotty Keister, Sharon Herron, Sally Wyffels, Sharyl Michael, Linda Johnson. Picture taken by Anne Engen.

Remembering FCE Member Ardyce Snyder National FCE President 2019 to 2022



STANDING RULES FOR MARGARET SEIBOLD OREGON FCE STATE CONFERENCE SCHOLARSHIP

Ardyce lived in North Dakota, she wore many hats. She sold Home Interiors, helping beautify other people's homes and her own. She had been an office secretary, a licensed Real Estate Agent and started her own non-profit organization called the Golden Age Club in New Rockford, ND to assist with taxes and organization paperwork.

Ardyce loved her work with FCE. In 2019 she was awarded a "Superior Certificate" for 25 years of service. Throughout her time with FCE, she served on local, state and national boards, and from 2019-2022 she served as National President. Her work with FCE provided her with much opportunity to travel and to meet influential people far and wide.

Closely related to her work with FCE was her work with ACWW. ACWW is an international network of 450 rural women's organizations that spans 80 countries. Their work funds women-led projects around the world in the areas of health, education, and agriculture. At the time of her death, Ardyce was serving as a National ACWW Coordinator for FCE and had plans to attend their world conference in Malaysia.

Ardyce will be missed by family and many friends she knew around the country and world. Her smile lit up our lives and her infectious laugh had us all laughing along and her servant's heart is an example to us all.



Ardyce and Scott at NAFCE in Portland 2022.

PURPOSE: The scholarship shall provide a partial payment of the cost attending the Annual Oregon FCE State Conference. The recipient may apply this to any expenses such as registration, travel, meals and motel costs.

AMOUNT: The amount and number of scholarships to be given will be determined by the Oregon FCE Board of Directors on a year to year basis.

ELIGIBILITY: The applicant must be a dues paying member of Oregon and National FCE. A person may receive the State Conference Scholarship as well as County and or local scholarships. An applicant may not receive the scholarship more than once in a five year period. The award is not transferable

APPLICATION: The applicant will write a paragraph stating why she/he wants to be considered for the scholarship, what he/she hopes to gain from the conference and where, with whom and how the information will be shared with others.

HOW AWARDED: The Margaret Seibold FCE Conference scholarship Committee will review the applicants and select the recipient(s). Questions may be addressed to the state Treasurer. The award will be in the form of a certificate and check given during the Conference.

WHEN DUE: Applications must postmarked or emailed no later than August 30 Scholarship recipients will be notified no later than September 15.

ADMINISTRATOR: The Oregon FCE State Treasurer will be responsible for maintaining a separate interest bearing account and distribution of funds.

POLICY CHANGE: Rules governing this scholarship may be made by a vote of two-thirds of the Oregon FCE Board of Directors

You will be required to fill out an evaluation sheet, which will be given to you with the check after the conference and submit it to the treasure. You must be registered for the complete conference to receive this scholarship.



**OREGON FCE STATE CONFERENCE
MARGARET SEIBOLD SCHOLARSHIP
APPLICATION**

Sponsored by Oregon Association for Family and
Community Education

Each scholarship is for **UP TO**
\$100.00

Name _____
_____ Phone _____

Address _____
_____ County _____

City _____
_____ Zip _____

What is your age group? 18-30 _____ 31-
40 _____ 41-55 _____ 56 & over _____

Are you an FCE member? Yes ___ No ___ How
many years have you been a member? _____

Name and location of your study
group _____

Have you attended the State conference? Yes ___
No ___ Last year of attendance _____

Have you been awarded this scholarship before?
Yes ___ No ___ What year _____

Will you have to pay for child or elder care expenses to
attend? _____

To receive this award, you must attend the whole
conference.

Tell us why you want to be considered a State FCE
Conference Scholarship. Include what you hope to gain
from the conference and how, where and with whom
you will share the information you learn at the
conference. (Attach a second page to your application if
you need more writing space).

Application to be sent to State Treasurer:
Bonnie Teeples
4338 Arthur Street, Klamath Falls, OR 97603
Or email to: bdteeples@charter.net

Application must be postmarked or emailed no later
than August 30
Recipients of scholarship awards will be notified by
September 15

Revised October 2017



District III Picnic

Hosted by Lost Creek FCE

Front row: Bonnie Teeples, Velma Bottenberg,
Linda Bird, Linda Romey, Nadine Reed, Jan
Blankenship.

Back row: Scott Teeples, Ann Conklin, Lynda
Nyseth, Toni Frank, Anne McKnight, Deanna
Wellman-Hadley(holding D-O-G), Anna
Massingham, Frank Huisman, Pat Putman, Sally
Wyffels, Elsie Gabrisch, Vyonne Hite.

OR Assoc. Family & Community Education

Oregon FCE News
21461 South Hwy 99W
Amity, OR 97101-2239

--

2023 Oregon FCE Calendar

August	
25	Oregon State Fair begins
September	
4	Labor Day
	Oregon State Fair ends
6	ZOOM Lesson
13	Deadline for Conference registration & Hotel reservations
15	Deadline for Scholarships for 2023 State Conference
October	
1-4	Oregon FCE Conference
5	ZOOM Lesson
9	Columbus Day
11	ZOOM Lesson
31	Halloween
November	
1	ZOOM Lesson
24	Thanksgiving
December	
6	ZOOM Lesson
25	Christmas

Mission Statement of OR Association for Family & Community Education
To strengthen individuals & families through Continuing Education, Leadership Development, Community Service

National FCE Headquarters

73 Cavalier Blvd. Suite 106
Florence, KY 41042-5178
Toll Free: 859-525-6401
Email: nafcehq@fuse.net
Website: www.nafce.org