

# MPY TRI-LINE NEWS

Volume 31, Issue 1

Marion, Polk, Yamhill

February 2024



## Hello, Everyone

Wow! 2024 is off with storms. Many in District III (consisting of Benton, Lane, Lincoln, Linn, Marion, Polk and Yamhill Counties) have experienced ice, snow, down power lines (with no power for several days), closed roads, closed schools, no heat, flooding, fallen trees and lots of clean up.

We are again planning our Spring Festival, hosted by all of District III. March 20<sup>th</sup>, the third Wednesday, at 9:00 am for sign in and lasting until around 2:00. Registration fee is \$10.00. We will have our morning coffee and tea, drawings for gift baskets (tickets \$1 each or 6 for \$5), used book sale, bingo (bring coins for markers, coins will be collected for ACWW), craft options and our well-liked potluck lunch of salads and desserts (bring your favorite and your table settings). You may decorate your table if you would like. Our theme is **“Let Your Light Shine...Not Burn Out”**. It is always fun to see what our groups come up with to fit the theme or just amaze us with their talent for decorating. Our program will be given by our young volunteer firemen telling why they chose to be volunteers, what training they went through and experiences they have had. They started volunteering when in high school, so we will find out what they did when they got called to duty during class.. This should be an interesting program getting their view of things. We are also looking forward to a report from Bonnie Teeples with experiences from the ACWW meeting in Malaysia. Come for a day of fun, learning and meeting old and new friends. We will be at the Amity Fire Station located on the South end of town across from Amity Middle School. (Registration form is in this newsletter.)

Sandie Bolyard wants to remind everyone that Heart of FCE nominations and submissions for Character Counts & Essays from 2<sup>nd</sup> and 3<sup>rd</sup> graders are due by March 15<sup>th</sup>. Don't forget the permission slips for the kids contest and pictures of participants for all of these contests. New this year it is also open to high school age students, theme is “Citizenship”. Deadline if March 1, 2024. Check out [Oregon-fce.org](http://Oregon-fce.org) for all of the rules and forms.

The 2024 National FCE Conference is going to be held in Erlanger, Kentucky on July 25-28, 2024. National FCE Alumni Association sponsors some National Conference Scholarships (which pay full registration cost) and Oregon FCE also has some scholarships. Contact Scott Teeples, Oregon FCE President, for more information on Scholarships. [sfteeples@outlook.com](mailto:sfteeples@outlook.com) or 541-891-6456.

2024 Oregon FCE Conference is Sept.30 thru Oct. 2, 2024 at the Hilton Garden Inn in Springfield, OR. This date is a little earlier than our usual time. Again, scholarships are available check [Oregon-fce.org](http://Oregon-fce.org) to see available scholarships and forms and deadlines to apply. It is very easy to get around in the hotel, staff is very friendly and helpful and members that have attended in the past always comment on how conveniently located everything is.

I look forward to seeing lots of FCE Members at several of our planned events.

Thank you to all that have donated articles and money to the MPY this past year. This is your newsletter and it keeps going from generous donors like you. Thank You!

If you know of someone who would like to receive this newsletter or someone who received it and is deceased or no longer wants to receive the newsletter, please let me know so I can make the changes. Send the changes to **Lynda Nyseth, 21461 S. Hwy 99W, Amity, OR 97101-2239**

Sincerely, **Lynda Nyseth**, editor



**From the Desk of the District III  
Director Anne Engen  
Polk-Yamhill, Marion, Linn and Lane  
Counties**

**Lost Creek FCE** Study Group (Lane County) of 9 met on December 6th at the Dexter Fire Hall. We had a good meeting, potluck and auction. We sold baked goods and handmade items to one another and brought in about \$170. We donated \$50. to the Dexter Fire Hall and \$50. to the Dexter Food Bank. Two new members joined our group in January. Paula Dockter is from the Lost Creek area and Elise O'Brien is from Oakridge. January 13th an ice storm came through our area and many in our group lost electricity. Our Oakridge members enjoyed 50 degrees and sunshine while we were very cold down here. Some members down here lost their electricity for only 17 hours, 4 days, a week, or more depending on where we live. Many depend upon wells that run on electricity so they depended on bottled water or rain water and some used wood heat. My husband and I found out on one dark evening that ice cream that does not freeze solid in a camper freezer tasted very good--almost as good as going to the dairy queen for soft serve ice cream.

Submitted by Ann Conklin

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**Amity FCE** has 9 members.

Our October meeting was held at the Common Cup in Amity, with eight members. They serve Belgium waffles with many interesting toppings. Linda Bird and Lynda Nyseth reported on the State Conference and showed the crafts that we made. Linda presented our lesson – “Traits of Birth Order”. Lots of interest and comments for this lesson.

November’s meeting was held at Debbie’s. We enjoyed our traditional Thanksgiving meal after our business meeting. Lynda presented the lesson – “Savory Meals for One or Two”. We shared our shopping hints, how to repack it into smaller portions then freezing them to use in

different dishes. We don’t want to get burned out from having the same meal over and over. We liked all of the hints given in this lesson. After our lunch some members made Christmas cards using the samples that Debbie and Lynda provided. We always have a good time.

During November and early December several of us got together to make our Christmas wreaths to sell to the public and our members. We made 20 plus wreaths. The Amity Fire Department has a Tree of Giving and we chose a boy and a girl. We use our wreath money to buy them gifts.

Our December meeting was held at the Hamblin Eater in Lafayette. Lynda and Alice showed us the Gifts our club purchased for the boy and girl. We include shirts, pants, socks, shoes and a toy that they requested. Sometimes we have enough left to add a sweatshirt. This year we decided we could spend up to \$70 on each one.

Lynda shared the Zoom lesson – “How to be a good guest”. It was interesting to refresh our memories on how to be a good guest and to share things we were taught when growing up. During our meal we also shared Christmas traditions and memorable Christmases from our past.

Our January meeting was at Velma’s home, she had made soup for our lunch. We brought things to go with the meal. We played several games, talked about our holidays and upcoming Spring Festival..



Still working on the art of taking selfies. Anne Dibala, Velma Bottenberg, Linda Bird, Alice Wicks, Debbie Puckett, Lynda Nyseth

From September through December our FCE volunteer hours are 254.25 and our community hours are 258. We volunteer at the museum, hospital, help our neighbors, crochet items, help at church and write and mail the MPY newsletter. Claudene Egan is a member-at-large and her 40 hours are included in Amity’s hours.

Submitted by Lynda Nyseth

**Creative Homemakers** has 10 members.

In September our new member Julie shared parts of the lesson on Look Outs of the Pacific Northwest. Her sister, husband and baby maned a fire lookout for one summer. Think, diapers to deal with, hauling boxes of canned food and gallons of water up steep stairs and the outhouse was at the bottom of the stairs and down a wooded path. The next year the baby was a toddler, so the couple took another job. We were amazed by what the early fire lookout workers had to do.

For our October meeting, Anne shared the Oregon State College lesson on What Women Wore in 1952.

The group was surprised and laughed at the rules of how to dress. Of course, our group were dressed in jeans and comfortable clothes and shoes. Anne tried to keep a straight face in her golden dress that went down to her calves.

For November we met at Carol's home for a potluck and craft day. Dottie and Sharyl helped us create cheerful sunflowers out of strips of fabrics in yellows and light brown. We knotted the strips around a canning ring, squeezing them close together. A wooden circle and some "magic" and fluffing gave us each a sunflower. We filled out our Christmas family chart on who was buying what for our family.

At our December meeting everyone brought a wrapped gift worth no more than \$20, and tucked it under the Christmas tree. We divided up all the gifts for a mother with 3 young boys. Then a member shared a sweet story. Her friend was given a \$100 gift card for a business in the Portland area. This friend wanted to spend almost all of it on our Christmas family. These gals had a wild time playing with toys and picking out something for our hardworking mother. After a quick meeting and installation of officers, we drew numbers to see who went first to choose one of our Christmas gifts.

We wrapped our family's gifts, put them in large boxes along with small box of gift cards, canned items and a bag of oranges. Somewhere in there we enjoyed lasagna from Cosco and salads and one dessert.

January we met to fill in our calendar of lesson leaders, hosts and co-hosts for each month. In late January, after the ice storm our former president found a package with three "paintings"

and a sweet note from our Christmas family. They were very grateful.

Submitted by Anne Engen

**Remember to bring items for our booth in Keepers Corner when you come to Spring Festival!**

Scott and Bonnie will be attending, and glad to fill their car.

***Volunteer Newsletter Staff***

**MPY Tri-Line News** is published quarterly and is supported by voluntary donations. Anyone may receive the newsletter. Send news articles, donations or inquiries to: **MPY Tri-Line News, Lynda Nyseth, 21461 S. Hwy 99W, Amity, OR 97101-2239**

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## Special Outing for Amity FCE

For our Valentine's meeting we are planning to take part in the "Meltdown" in Yamhill County. Each location does an item from the menu featuring cheese and then donates part for the price to YCAP (our food pantry). This is held all February. Last year we chose The Diner, located in McMinnville by the hospital. At the time of this writing we do not have a list of the restaurants. We will report later and hopefully have a picture to share.

Another fun outing that we did in 2023 and will do again this year is attend Bingo sponsored by the Firemen's Auxiliary, at the Fire Station in Amity. Several members, family and friends gather around the table for fun and a chance to take home a prize. Each time we have gone at least one of us has gotten a prize. It is a good way to have fun and support our local fire department.

Submitted by Lynda



Amity FCE, Friends and Family



Tualatin FCE and Troll

Washington County FCE (District I) is getting into 2024 and we all managed to get through our winter storms with out to much trouble. We will be hosting a Spring Gathering on April 17, 2024 at the OSU Extension Service Education Center at 11:00 am. Our OSU Extension Adviser, Maureen Quinn-Lores will be presenting the Cascadia Subduction Zone - Are You Ready for the Big One? power point lesson. Please see the enclosed flier to RSVP. Everyone is welcome to attend.

Submitted by Karen Walker

Greetings from the Groner Group!

It's been a very eventful year. Apart from studying our lessons we have had great success with our Walnut side hustle! We purchase walnuts in bulk from a local grower, then we gather together to crack, shell and clean them, taking care to keep them whole. We are lucky to have quite a few faithful customers that love our "product". We sell them for eight dollars a pound, and over the last six months we have donated \$200 to the Washington County Domestic Violence Resource Center, \$150 to the Washington County 4H and \$100 to the Groner Elementary School. That's a lot of nuts, for sure, but it is wonderful to see our efforts go back to our community.

In the early summer, my daughter Lynn and I get together to plan and make the centerpieces and treat boxes for the State Conference held the first of October. The theme was "Building Blocks for Today and Tomorrow". Luckily, Lynn has a creative brain, and came up with a cute construction

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## Updates from District I

Washington County's Tualatin Study Group had a great outing in October to Border Soder/Nordic Northwest in Portland. We saw the Troll and Troll house - really great! We had a very nice lunch at the Nordic restaurant.

We had our Christmas Luncheon at the Tualatin Country Club in December. We donate gift cards to the Good Neighborhood House.

theme where the centerpieces were “built” over the three meals with a miniature construction crew. Where she found Lego shaped candies the attendees could build with, I don’t know, but everyone seemed appreciative! In addition to creating the decor, Lynn also hosted a craft class for the attendees, which consisted of a mini fall frame, two holiday cards and two holiday ornaments. It went really well, and everyone had a great time. A big shout out to Dawn Westphal and Karen Walker from the Tuality group- they were indispensable in helping everything run smoothly during the class and helping set up the tables. It takes a village, for sure!

We just found out the theme for this years conference, and it’s going to be a fun one! (Lynn is already scheming).

Before the holidays hit we got together for a Pot Luck Luncheon at Gretchen Donaldson’s spacious home for a white elephant gift exchange and a rousing game of bingo! It was lots of fun, especially the gift exchange. I came home with a whistling hobo clock!

District one has seen a reduction in membership, with only the Groner and Tuality groups remaining, but even though we are small, we are still mighty! I am so grateful for the fun and camaraderie FCE provides, and am looking forward to the coming year. (And lots of nuts!)

Myrna Loucks  
President, Groner group



Craft class



One of the center pieces

# Spring Gathering

Wednesday, April 17, 2024

Program begins at 11:00 a.m.

Lunch will be served

## Cascadia Subduction zone

*Presented by Maureen Quinn Lores,  
OSU Extension*

Where: OSU Extension Service Education Center  
in Washington County  
1815 NW 169<sup>th</sup> Place, Ste 1000  
Beaverton, OR 97006  
(Bldg 1, Twin Oaks Bus Park)

- From Highway 26 (Sunset Highway), take Exit 65 – Cornell Rd/Bethany Blvd.
- Turn onto Cornell, heading west.
- Turn left on NW 169<sup>th</sup> Place, then take the first driveway on right.

- We are located in the **Twin Oaks Business Park** on the right, in Building 1, Suite #1000.
- “OSU” is on the outside of the building.

For more information contact: Myrna Loucks 503-349-4329 or Karen Walker 503-964-4923

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**Registration deadline: April 4, 2024**

Name: \_\_\_\_\_

Special Dietary Needs: \_\_\_\_\_

Member \$15.00\* \_\_\_\_\_

Study Group: \_\_\_\_\_

Phone: \_\_\_\_\_

Make check payable to **FCE WA County**

**Advisory Council** and mail to: Myrna Loucks,

7150 NE Stonewater St., Hillsboro, OR 97124

Phone: 503-349-4329

\*Scholarships are available

See the full page registration on the Oregon-fce web site.

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*Movie reviews by Lynda Nyseth*

**“Nyad”**

Starring: Annette Bening, Jodie Foster, Rhys Ifans.

This movie takes viewers on the inside story of how famed Marathon swimmer Diane Nyad swam across the Florida Strait (Cuba to Florida) at age 64. Nyad is a force of determination that cannot be resisted. Witness her many failed attempts, the toll that it took on her body and the consistent pressure of her coach to help her reach her goal.

**“I Can Only Imagine”**

Starring: J. Michael Finley, Madeline Carroll, Trace Adkins, Priscilla C. Shirer and Dennis Quaid.

Growing up in Greenville, Texas, Bart Millard suffers physical and emotional abuse at the hands of his father, Arthur. When Arthur becomes terminally ill, he finds redemption by embracing his

faith and rediscovering his love for his son. Years later, Bart’s troubled childhood and mended relationship with his dad inspires him to write the hit song “I Can Only Imagine” as singer of the Christian band MercyMe.



**DONATIONS**



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- Delores Wagner
- Karen Walker

**Washington County Council**

*Thank you all for your donations to the MPY. It is a pleasure to keep you informed on events taking place around Oregon. Your donations make this possible.*

What do you get when you boil the funny bone?.....



Laughing stock!!

the form to Scott Teeples, our State President, 4338 Arthur Street, Klamath Falls, OR 97603

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### A Clever Student

Students in an advanced Biology class were taking their mid-term exam. The last question was: "Name seven advantages of Mother's Milk." The question was worth 70 points or none at all.

One student, in particular, was hard put to think of seven advantages, However, he wrote: 1) It is perfect formula for the child. 2) It provides immunity against several diseases. 3) It is always the right temperature. 4) It is inexpensive. 5) It bonds the child to mother and vice versa. 6) It is always available as needed. And then the student was stuck. Finally, in desperation, just before the bell rang indicating the end of the test, he wrote: 7) It comes in two attractive containers and it's high enough off the ground where the cat can't get it.

He got an "A"!

Submitted by Cathy Schabell, Portland, OR

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If you have an article, book or movie review for the MPY Tri-Line News send it to Lynda Nyseth, Editor MPY Tri-Line News, 21461 South Hwy 99W, Amity, OR 97101-2239. Our next deadline is April 5, 2024.

If you have a recipe send it to Debbie Puckett, 23130 Zieber Lane NW, Salem, OR 97304. Thank you.

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Sincerely, **Lynda Nyseth**, editor

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If you have a member that is celebrating 50 years of FCE be sure they fill out the 50 Year Member form. We want them to receive their certificate and pin. The form can be found in the Oregon FCE Handbook on page 65, or on our website. Return

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### HERE COMES AN OLD LADY

A childhood game  
similar to Mother May I  
is

Here comes an old lady  
with a stick or a staff,  
Now don't you dare smile or laugh,  
but say right up: "I will".

Now  
that I'm the old lady  
with my stick  
or my staff  
I'll make my own rules.  
I will keep walking.  
I will enjoy the scenery.  
I will stay positive.  
I will laugh often.  
I will know that I'm blessed  
to be out and about.

You're we're welcome to laugh  
as long as you laugh with me.

Submitted by Nancy Thornton, Yamhill County

**OR Assoc. Family & community Education**  
**MPY Tri-Line News**  
**21461 S. Hwy 99W**  
**Amity, OR 97101-2239**

## **FCE CALENDER**

### **March 2024**

- 1 Deadline High School Essay
- 8 Yamhill County Council, 9:30
- 13 Deadline registration Spring Festival
- 15 Deadline for Heart of FCE & Essay  
For Character Counts & 2<sup>nd</sup> & 3<sup>rd</sup> grade
- 20 District III Spring Festival  
Amity Fire Station, 9:00-2:00

### **April**

- 5 Deadline articles for Oregon FCE News  
& MPY Newsletters
- 12 Yamhill County Council, 9:30  
Sally's home
- 17 District I Annual Meeting, 11:00  
Washington County
- 19 Mail newsletters, 9:00 am
- 29 ACWW Women Walk the World, 10:00

Oregon Association for Family & Community Education