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Trustworthiness

Trust is one of the most important values that a friendship and bond can have. The longer we know people, the better we know them, and with knowing someone better, comes being able to know who we can trust. Who we can trust is all depending on who has been the most loyal, honest, and reliable. Being able to trust someone not only adds to the people who we can turn to when we need help or advice, but also helps us build a stronger bond with those around us. To be able to take on a big project, it takes a community, and in order to be able to communicate with the community, we need to be able to trust them and rely on their support. There are a variety of ways that we have been able to see trustworthiness take action within our communities, and even to the world level.

Trustworthiness is not something that is recently evolving and showing up in our society, it has always existed and has always affected the way that we act around certain people. Depending on whether we do or don't trust someone, we always watch what we say around them as well as act accordingly to how much we know we can trust them. Within communities we have been able to see communities come together and trust each other so that they can all support one another on fundraisers, school activities, and projects. Within local communities we have been able to see communities come together to host big events and trust one another that each individual will get the job that was assigned to them completed. Nationally, each individual that votes has been able to trust in their decision and trust that the office holder chooses what is best for the society. Seeing trustworthiness in the bigger picture, like the world level, not many think of it this way, but we have trusted scientist with their formulas in hope that bacteria, germs, and sicknesses can be lessened or even eliminated. We don't always know if the suggested medications or procedures will work with our symptoms, but we trust statistics and our doctors enough to try them anyways and risk the ability of obtaining a worse disease or symptom.

Now more than ever I believe that trustworthiness is one of the most seen traits within our friendships, communities, and even in world levels. With the current situations that we have experienced with the new presidency and actions being made, trust is the number one trait that we need to have with our friends and family. Recently, many students feel the need to talk to a trusted adult in school environments due to the fear that they carry with them as soon as they step out the door. There have been many uploads on many social media bases about students crying for help about their legal situations and communities that come together with them to support and help them obtain their rights. Locally we have seen both riots and strikes occurring within specific groups of people. When the leaders decide to advertise their motions and events, they are trusting those who care about them to follow along and support them with their beliefs, not always do events like these work out, sometimes very few supporters show up, but that is why leaders take the risk and put their trust in others. Once again, nationally, we have been able to trust that our elected officials make the right decisions to help and support our society. Nationally, we have now seen many group of people trust each other that they will all support each other in their hard times and help spread their ideas and beliefs.

With society arising with new problems and our government implying laws that can affect many people, ethnicity groups, belief groups, and many others need to stand by and support

each other so that they can build a form of trust and feel like they can back each other up. A really big example for our government would be future runners for president, they campaign and then trust their followers and maybe a few others to vote for them as president. This is not just true for presidents, but every other government position.

Trustworthiness is one of the main traits that helps me decide who I can build a relationship with and who I can become an acquaintance with. One of my most recent situations when I had to choose who was the right person to trust was when I was needing someone to talk to about how I felt left out as a Hispanic attending a predominantly white school. I chose a teacher to speak up to about this situation because other students were feeling the same way. This resulted in me and a few other students starting the Movimiento Estudiantil Chicano de Aztlan (M.E.Ch.A). Being a senior in high school and beginning to get a peak at what life after high school will be, I have realized that there will be a lot of times where I will have to choose who I will trust and who needs to be a simple peer. While being on a roommate search I don't quite know if the description of each student is true. I have to trust them and believe that they are telling the truth and hope that they will be a good fit. Not only do I have to trust others on the daily, but I also have to trust myself. When it comes to making decisions and choosing what would be best for me, I have to trust my instincts and hope that what I am inclined to do is the right thing. Trusting myself is one of the most important things before trusting others. If I can't trust myself, then how would I trust another person? All throughout my life, trusting others and myself will show up daily and is a trait that I need to make sure I know how to manage correctly.

Trust is not just something that needs to be publicly shown. When there is a really bond between people, they show each other that they trust each other by simply just being there for each other and supporting the other when needing to. The person being supported is the one who trusts that certain people will be there for them. Asides from supporting, there are also times when simply just being a person to talk to and being able to hear each other is a sign of trust. We don't share our thoughts and feelings to just anyone, we share them with the right people and those who we can trust. Whether it come from being a life-long friend, a family member, or even a school staff member who we feel like we can connect with, we sense a connection with certain people who we can build relationship with and eventually trust. Today, the violence in school buildings has been seen to increase, and many students have to walk into their education facilities not knowing whether they will get to see another day, they have to trust that those around them will make the right decisions.

As humans we put trust into many things in our everyday lives. From trusting bus drivers to the religious trust that many people put into their godly figures. As humans our instincts are the evaluate who we can trust and determine who we can share our most important values with so that we can feel heard and not judged.