

Oregon FCE News

Volume 29 Issue 3

Oregon Association for Family & Community Education

August 2022

President's Comments



President's Newsletter Article August 2022

As I write this newsletter article I am trying to rest up after returning from the 2022 National FCE Conference which was held in Portland (Clackamas), Oregon on, July 14-17, 2022. Bonnie and I were there for 9 days including a couple of days before the Conference and a couple of days after. Bonnie was the Conference Chair and needed to be there to prepare ahead and after the Conference. I was there to help her as the "Tech" person and all the errands that needed to be done. I only went to Office Depoe 6 times.

It was a great National FCE Conference, especially after having had the 2020 Conference canceled and the 2021 Conference done via Zoom. It was "in person" this year and was really needed after two years without it. There were 39 attendees this year which was down some from years past but there were several reasons why. Some are still a little nervous about Covid 19 and the cost of transportation has been really high. Oregon FCE had a great representation with 11 attendees with 9 full time attendees and 2 one day attendees. Those 11 from Oregon were Patti Malanaphy, Anne Engen, Sally Wyffels, Lynda Nyseth, Vyonne Hite, Ann Conklin, Elsie Gabrisch, Cynthia Gibson, Pam Stigall, Bonnie Teeples, and Scott Teeples. Anne Engen was asked by National FCE to do the Inspirational on Sunday morning and did a great job on famous Oregon women you've never heard of.

Oregon was well represented with several awards and award winners being represented including:

- Heart of FCE (Oregon Representative) – Cynthia Gibson

- Essay and Artwork Contest (Oregon 1st place – Abbie Brown) - 3rd place NAFCE – Abbie Brown.
- National Membership Brochure Contest – 1st Place, Scott Teeples
- National Open Brochure Contest (Membership) 1st Place, Scott Teeples
- National Open Brochure Contest (Tools) 1st Place, Scott Teeples
- National Open Brochure Contest (Other) 1st Place, Scott Teeples

There were many sessions with great lessons and presentations given. All of these lessons will be available to use. I will be emailing them out to all of our Oregon FCE members. The fellowshipping was outstanding and needed by all. We are all looking forward to the 2023 National FCE Conference which will be held in Kentucky near National FCE Headquarters. More information and details will be available.

I'm excited about the upcoming 2022 Fall Conference. The Oregon FCE Board has taken over the responsibility of "hosting" the Conference. They, along with help from FCE members across the state, all duties and responsibilities of the Conference will be taken care of. It will take a "Village" to make this happen and I know we have the people to do it. The Oregon FCE Board has approved a "Friends of FCE Scholarship" for those that may need financial help in attending. Please watch for the application form.

All the arrangements have been made for the 2022 Oregon FCE State Fall Conference. Oregon FCE members, Study Groups, and Counties have all volunteered to serve in the various duties needed at the Conference. I have emailed out the "Conference Assignment" lists several times and still have a few openings. If you have volunteered for an assignment, please make sure you are taking care of it. The Conference will be held at the same hotel as last year. It will be at the Hilton Garden Inn in Springfield, Oregon on October 2-5, 2022.

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All of the Conference lessons are listed elsewhere in this Newsletter. We are looking for input as to where to hold the Conference in 2023.

The monthly Oregon FCE Zoom lessons have continued since they were started in January of 2021. What started out to be an Oregon FCE Zoom lesson quickly spread to FCE members across the USA. As of this date, there have been 20 lessons given by both FCE members and Friends of FCE from several states. All of the Zoom lessons have been recorded, loaded onto YouTube, and the links are available on the Oregon FCE website www.oregon-fce.org. We are also looking for people willing to teach the Zoom lessons. I will take care of setting up all the Zoom invitations etc. Please let me know if you'd be interested in presenting a lesson.

It has been a real struggle for me this year to accomplish all that I had planned to do for Oregon FCE. Although most FCE activities had been postponed or canceled I still got several things done. They include:

- Sent out numerous emails trying to keep in communication with Oregon FCE members. Those emails included information about the “happenings” of Oregon FCE, Lessons that can be provided, information from ACWW, and other important information.
- Because of the Covid-19 concerns, I have not had the opportunity to visit many of the Oregon FCE events. I have always planned to attend as many of the District, County, and other various activities as I could. I miss those visits but fully understand why they have been postponed or canceled.
- Maintained a good financial basis for Oregon FCE through prudent spending and the continuing fund-raising efforts with the booth at Keeper's Corner.
- Worked at letting all Oregon FCE members know of the various scholarships and other help that Oregon FCE members can use as a financial aid for memberships.
- I have strived to bring the “Spirit of FCE” wherever I went and whoever I communicated with.

Before I close this President's report, I want to, as I always do, repeat “Scott's Challenge.” My

challenge to you is to do all that you can do to “Grow” this organization. This is an extremely difficult thing to do in these tough times, but together we can do it. We, as FCE members can make a difference in increasing our membership. Every one of you was “Invited” to join this organization. Now it's your turn. Don't do this great organization a disservice by not inviting others to join. Don't let FCE die. You, each of you, can be the salvation of Oregon FCE. One last reminder, if we don't do something to help this organization grow, the challenges of “Aging Out”, COVID-19, and an “I don't care attitude” will destroy this organization. Become part of the solution. Don't be a “Nay-Sayer,” become a “Yay-Sayer.”

If we, all of us, don't start doing these things, we will continue to see the slow, if not quick, decline in FCE membership. If you don't care, do nothing and nothing will happen. Do your part and we can stop, and even grow the FCE membership. It all starts with you and me. Let's all make FCE all that it can be. We need to start today! How many of you are willing to accept the challenge I give you today and always?

It has been a great honor to serve each of you and I hope you know that I have done it to the best of my abilities. I appreciate all the love and support that each of you have given me, from the individual FCE members up through the many FCE officers. Working together, we can accomplish many great things at all levels of FCE. If I have somehow offended you, it was not intentional, and I apologize to you.

I am excited about the things that we have done, can do, and will do in Oregon FCE. With all of us working together we can make Oregon FCE all that it can be. **“It is what you will it to be”.**

Thanks for all you do,
Scott Teeples – Oregon FCE President

Web Site for Oregon FCE

www.oregon-fce.org

Again, please check out the web site and let me know what you think. There is lots of information and forms available to all members. Have you checked out YOUR County “Invitation to Join” Brochure that is now available? Please contact Scott Teeples at 541-891-6456, or email sfteeples@charter.net if you have any comments or questions.

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~Next deadline-February 3, 2023 ~

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Lessons for 2022 Oregon FCE Conference Springfield, OR October 3-5, 2022

Positive Leadership Traits of Birth Order

Birth order refers to the order a child is born in their family: first-born, second-born, youngest, and only child are examples. Birth order makes sense most of the time for a vast majority of people. As an educator, wondering how a “black sheep” could come from the same family, was a catalyst for this study. The study has netted many conversation starters and lots of ‘aha’ moments.

Taught by Barbara Loungot

Lookouts of the Pacific Northwest

A brief history of the US Forest Service. History and types of LOOKOUTS, duties, equipment and Lookout pictures.

Taught by Karen Baker.

I joined FCE late in 2013. I was elected as Prospect Study group President in 2014 and have held that office ever since. I chose ‘Lookouts’ to write a lesson about because it is a topic that has always been of great interest to me. I have hiked to and photographed many of the Oregon LO’s.

There is Power in Positive Thinking

Is your glass half-empty or half-full? How you answer this age-old question about positive thinking may reflect your outlook on life, your attitude toward yourself, and whether you’re optimistic or pessimistic – and it may even affect your health.

Taught by Bonnie Teeples

“How About A Date?What Do the Dates on Food Products Really Mean?”

Have you ever noticed all of the various dates and phrases that you have seen on the food products that you purchase? What do they mean? Where do they come from? Who puts them on there? Who regulates those dates? How safe are those foods after those dates expire? How does this effect food waste problems? Find out all the answers to these questions and many more

Developed and taught by: Scott Teeples for 2022 FCE State Conference

ACWW; Our Global Sisterhood

What do our ACWW sisters do in their societies? Why is ACWW important to FCE members and what are our responsibilities as an ACWW member Society?

Taught by Bonnie Teeples – ACWW USA Area President

“Great American Women, you’ve never heard of”

It is surprising how many American women have achieved impressive accomplishments, but they received very little, or no credit for them. In this lesson, seven of those women will be interviewed by a reporter and you will be the audience. Among these women is a Congressional Medal of Honor Recipient and a U. S. Astronaut. Come join our class, and learn about “Great American Women, you’ve never heard of.”

I am Kerry Mauk. I wrote and I am presenting this lesson. I have been in FCE for over ten years. I get a big kick out of writing lessons. I also enjoy presenting them. I have enlisted my dear friend, Sandie Bolyard to assist me in presenting this lesson. She has written several lessons for FCE, also. Sandie is currently VP for Public Policy in Oregon. We hope you will join us for “Great American Women, you’ve never heard of”.

What Women Wore in 1952

Worries – Am I too short to wear alligator shoes?

Is the seam straight up the back of my hose?

Am I too fat to wear high heels?

Oh dear, all my gloves are dirty.

An Oregon State College Extension lesson.

After lunch on **Tuesday** we will share short, sweet, interesting, or funny stories from your group, your tours, your volunteering. You all have stories to tell. Let Anne Engen know you would like to share. anne.n.engen@gmail.com

District and Study Group Reports

District I

Rural Dell Wildcat FCE Study Group Ann Clites

Study group member Elaine Daniels, in going through records and files of her late mother-in-law Roberta Daniels, found the minutes from the very first meetings in the 1930's through meetings in the 1980's of a local group of women whose club became what is now known as the Rural Dell/Wildcat FCE Study Group.

On Nov. 30, 1932 six women met for the purpose of organizing a neighborhood club. They called themselves the "Rural Dell Women's Club". It was decided that refreshments be limited to "two things and a beverage." The By-Laws stated that "all members shall wear a wash dress to the meetings and members shall call each other by their given name." Club meetings were often held in the community hall and the Club answered the call to give the building a good cleaning.

The group focused on the needs of the Rural Dell School children and school facilities.

In December of 1932 arrangements were made with Miss Thelma Gaylord, county demonstration agent, to present a lesson at one meeting a month. Thus began the club's connection to OSU's Extension Services program.

The meetings in 1938 included lessons such as "Possible arrangements of furniture According to Use and Balance", "Dessert Demonstration", "Choosing Curtains and Draperies", and "Furniture Arrangement with Emphasis on Lighting".

Fast forward to the extension lessons of 1983 to see how times changed... Lessons included "Spud Savvy", "Speed Sewing", "Earning Money at Home," "Mexican Luncheon and Culture," "Portable Edibles," "Handling Conflicts Creatively," "Simple Home Repairs," "Housing Alternatives for the Elderly," "Health in Your Life", "Oregon Women in History."

Rural Dell Women's Club contributed annually to 4-H scholarships and made significant annual contributions to the OSU Foundation. From its beginnings the Rural Dell Women's Club exemplified community spirit through service and their desire to keep up-to-date with what is called today "family and consumer sciences". The Rural Dell Wildcat FCE Study Group has a proud history of being connected to OSU Extension Service for almost 90 years.

(The whole story can be found in the MPY. Check it out at www.oregon-fce.org)

Clackamas County FCE Woodmere FCE Cathryn Schabell

Our final Woodmere FCE meeting was May 16th, with a field trip to the Crystal Springs Rhody Garden – 28th and SE Woodstock – Portland, then our Annual Luncheon at the Chinese Garden in the neighborhood. We had a very lovely day, together. We have been taking part in the monthly zooming lessons during the summer months

Patti Malanaphy attended the National FCE Conference in July, held at the Monarch Hotel in Clackamas, Oregon. It sounds like ALL had a good time.

We are currently working on the table decorations for the Oregon FCE State Conference on October 3-5, 2022 at the Garden Hilton Inn in Springfield, OR. Hope to see you there.

We are very sorry to report the passing of a long-standing member of Happy Valley FCE: Mrs. Sandy Coates. She passed in her sleep on June 5. There was a Memorial Service held on August 11, at Aerie Eagle Landing in Happy Valley. She will be missed by all those knowing her.

Hope that we'll be seeing lots of ladies and gentlemen at the October Oregon FCE State Conference.

Washington County Advisory Council Karen Walker, President

We are hosting a District 1 picnic at Tualatin Community Park in August. It will be nice to have Clackamas and Washington Counties FCE members together again after such a long time of not being able to gather. (Continued on page 5)

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In September our Council meetings will start being held, again in person at the OSU Extension office and we are looking forward to being able to be with each other after all of our Zoom meetings.

District III **Anne Engen, Director**

We have 3 active Study Groups, Lost Creek south of Eugene, Amity Study Group, and the Creative Homemakers in McMinnville. Each group was represented at the National Conference, with 6 full time attendees, and one coming for just a day.

Of course the conference was packed with new lessons, the latest ACWW changes, a FCE fundraiser – an E Book “Living Life Awake” written by Kristen Walker, Public Policy Coordinator, a business meeting and of course time for chatting, creating a beautiful card, playing games, enjoying the grab-bag Jewelry sale, and savoring wonderful meals.

Your Director was asked by National to put together the Inspiration Program for Sunday morning. “Women Who Made a Difference in Oregon”. I chose the stories of 8 women who lived between the early 1800's into the 2000's

I started with my great grandmother, **Phibe Ann Pine Northrup**, who came west on the Oregon Trail, bore 9 babies in 12 years, buried 3 of them and died at age 29 years nine months. Next came **Abigail Scott Duniway** who fought for women's rights, portrayed by Sally Wyffels. Next came **Bethenia Owens-Adair** first woman doctor in Oregon, then **Sarah Winnemucca**, interpreter, speaker, author, who's statue is in the rotunda in Washington DC. Ann Conklin portrayed **Minnie Mae Mossman Hill** the first female steamboat captain west of the Mississippi. **Lola Green Baldwin** who made men listen, 1st female police woman sworn in April 1, 1908, **Maurine Neuberger** who as the only woman in the Oregon house took on the powerful Dairy industry portrayed by Lynda Nyseth, and **Beverly Bunn Cleary** who wrote popular children's books set in northeast Portland. She was portrayed by Bonnie Teeple. I spent hours researching these women and writing their stories.

June 14 the Amity group held a FCE Day of Fun, inviting all the study groups and friends. They played hilarious games, ate sandwiches for lunch, taco salad for dinner, colored cards to save or send to a nursing home to give clients on their birthdays.

Our next District event (happening just before this newsletter comes out), is **August 17** when we gather at Millersburg's park for a potluck and games. It's about halfway in our long skinny District.

District V **Prospect Study Group** **Karen Baker**

We currently have 7 members. Our group does not have Lesson meetings during the summer months of June, July, August.

In **June** we have our annual fundraiser Yard sale, and the town of Prospect incorporates into a city-wide sale, which is a good draw for attendance. We usually make a substantial amount to go towards scholarships for Prospect's graduating seniors.

In **July** our group enjoys a luncheon at a 'fairly nearby' restaurant, just to visit and 'catch-up', and also discuss final plans/preparations for the upcoming Jamboree.

In **August**, the Community Club sponsors the Jamboree/Timber Carnival which includes; FCE breakfast starts the day, a Parade to the Lions Park for Vender booths, games, prize drawings, the Lady Lionesses Lunch, and the Timber Carnival, a full day of Festivities.

Prospect group are also still sewing the 'Bags' and stuff with toiletries, Books, etc., that are taken to the Health and Human Services Dept. to give to children.

Remembering FCE Member **Vangie Andreason** **Brookings FCE**

Our dear Vangie passed away just short of her 90th birthday. She was a long time FCE member from Brookings.

She was one of the originators of the Brookings Harbor Community Bazaar, now in its 53rd year.
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She continued as chair of the bazaar through its 50th year. She attended many years of the OSU/FCE Mini College and won the FCE Sweetheart Award several years ago. She will be missed by many friends and family. (Submitted by Peggy Goergen)

Oregon Heart of FCE Cynthia Gibson



Cynthia, joined FCE in 2016 and she has given Jackson County and County Council a boost.

In the 6 years, as a member, she has served as Jackson County President & Secretary and is a member of the Prospect FCE group.

She made things and took them to two Holiday Bazaars and set-up a consignment booth in Klamath Falls and then in Medford to raise money. She is involved in the Books for Newborns and Children, the FCE Essay and Artwork Contest. She is on the State Board as District V Director and writes and teaches lessons on the State level and writes lessons for Jackson County. She is willing to help out where there is a need.

First Timers to NAFCE

I am new to Oregon. I attended the July Conference on Saturday only. I attended the morning session and found it to be much like the Extension Homemakers I belonged and educated back in Indiana. I was an Extension Agent for 13 years. I liked to see the different states there. I wish we knew where everyone was from. I was surprised to see men in the group. Back home when I left men were not in club. We partnered with FCCLA (Family, Career and Community Leaders of America) in high schools to hopefully recruit some members but we always ran into the under age 18 requirement. I was glad to sit with my new friends and visit with new friends during lunch. Everyone was very nice I look forward to doing more with Family Community Leaders.

Pam Stigall, McMinnville, Oregon

Without the encouragement of Scott and Bonnie Teeples, I probably would not have gone to the National FCE conference, but I am very glad that I did. I was encouraged to put in for the alumni scholarship and was lucky enough to get one. It was appreciated. Elsie Gabrisch drove Yvonne Hite and myself to the conference. We roomed together and enjoyed the Reducing food waste and loss lesson the most. I very much enjoyed playing the part of Minnie Mae Mossman Hill in a skit and Elsie and Yvonne enjoyed watching the women who made a difference in Oregon skit. We enjoyed learning and sharing ideas from all of the FCE ladies from all over the USA. The Country Store Raffle was handled so well that we are going to take care of it in the same way at our state conference in October. We also enjoyed the paper folding craft that Bonnie shared with us and have many fond memories of our 4 days at the national conference.

Submitted by **Ann Conklin**, comments also from **Elsie Gabrisch and Yvonne Hite**, from **Lost Creek FCE Study Group. Lane County, Oregon**

“Be the Spark that ignites FCE” was the theme of the NAFCE conference that I was honored and able to attend in July as a First Timer. Meeting fellow members from around the US from Connecticut, Virginia, Nebraska, Kansas and Hawaii was amazing. (There were members from other States, too). I tried to set with different members at the various meals. Each person had their own special stories from their study group to what their own State happenings. Sharing was an important task we performed as we interacted throughout the conference.

Opening night we participated in “Easy” origami and Iris paper folding cards. I am NOT a crafter but enjoyed watching others create beautiful origami cards. I laughed, a lot! Jewelry Sale-grab bags! Was an interesting way of raising funds.

Six lessons were presented during the conference. My two favorite new lessons were “Positive Leadership Traits of Birth Order” and “Someone in the Family is....Passing Family History to the Next generation”. My four days passed quickly. I had made friendships and learned new skills. Sad to see Sunday arrive...next year maybe a trip to Kentucky.

Sally Wyffels, First Timer,
Creative Homemakers, McMinnville, Oregon

Conklin & Elsie Gabrisch

2022 Oregon FCE Essay & Artwork Winner

I had the opportunity to personally hand our own 2022 Oregon FCE Essay and Artwork winner her certificate and check from the National Association for Family and Community Education for placing 3rd in the USA. Congratulations to Abbi Brown of Keno, Oregon who was our State FCE winner. I have posted all three placers for the National FCE contest on the National FCE website www.nafce.org. It includes their Essay, their Artwork, and a video of them. I will include the link below. I have also posted the Awards Book and started posted National Conference pictures on the National FCE website. Check it out when you get a minute. <https://www.nafce.org/2022-essay-and-artwork-winners-1>

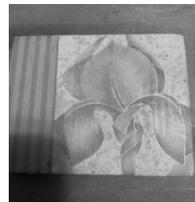
Submitted by Scott Teeples

Sunday night craft at 2022 State Conference

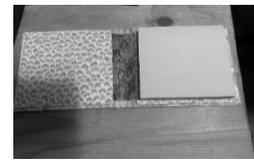
Wallpaper covered 3x3 post it notebooks

Lynda Nyseth and helpers

Supplies provided by District III



Front cover.



Inside. Come, make,

enjoy the craft.



First Timers: Katherine Mack-MD, Ann Conklin-OR, Sally Wyffels-OR, Pamela Bauer-NE, Elsie Gabrisch-OR, Vyonne Hite-OR



Ardyce Snyder, President with First Timers, Cynthia Gibson-OR and Pam Stigall-OR



Oregon Deligates: Bonnie & Scott Teeples; Pam Stigall; Anne Engen; Cynthia Gibson; Vyonne Hite; Lynda Nyseth; Sally Wyffels;Patti Malanaphy; Ann

Margaret Siebold Scholarship is available to help with your cost of the conference. Look at the web site to get the form.

www.oregon-fce.org

Other scholarships can be found there too. Hope to see you in Springfield Oregon in October. Lynda Nyseth, Editor

OR Assoc. Family & Community Education

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2022 Oregon FCE Calendar

August

26 Oregon State Fair begins

September

5 Labor Day

Oregon State Fair ends

7 ZOOM Lesson

Fairbanks, Alaska

15 Deadline for Scholarships for
2022 State Conference

16 Deadline for Conference registration
& Hotel reservations

October

2-5 Oregon FCE Conference

10 Columbus Day

12 ZOOM Lesson

31 Halloween

November

2 ZOOM Lesson

24 Thanksgiving

December

7 ZOOM Lesson

25 Christmas

Mission Statement of OR Association for Family
& Community Education
To strengthen individuals & families through
Continuing Education, Leadership Development,
Community Service

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