

# MPY TRI-LINE NEWS

Volume 29, Issue 1

Marion, Polk, Yamhill

Winter/Spring 2022



## Hello, Everyone

I am glad to be mailing out our newsletter again. We have learned a lot through our ZOOM lessons, lessons on u-tube and on our Oregon-fce.org web site. A big THANK YOU to Scott Teebles for making this possible. We just had a lesson on "A Tea Chat – Pinkies Up in Oregon". A lot of information on the beginning of tea and how much is produced in Oregon. If you did not attend the zoom lesson, you like tea and want to learn more, check out the lesson on your computer. We learned that Oregonians like ice tea the most. Very interesting lesson.

Upcoming events: Yamhill County will host our Spring Festival, on March 16<sup>th</sup> at the Amity Fire Station. Come for a "Taste of Malaysia". We will supple several different foods for lunch that depict Malaysia and we will learn about the country from Scott Teebles. The cost for the day will be \$10.00. It will be good to see our FCE members and friends again. Registration form is in this newsletter, be sure to send your registration in early so we know how much food to prepare. We will also be having our used book sale, door prizes and some games. You may decorate your table too. The best table decoration prize will be bragging rights.

July 14-17,2022 will be our NAFCE Conference at the Monarch Hotel, 12566 SE 93<sup>rd</sup> Ave., Clackamas, OR. Hope to see you there, this is as close as we will be to a National Conference and we don't have to pay for airfare. Information can be found on NAFCE web site.

October 2-5, 2022, brings us again to Springfield, OR for our Oregon FCE State Conference. "Honor the Past, Embrace the Future" is our theme.

If you know of someone who would like to receive this newsletter or someone who received it and is deceased or no longer wants to receive the

newsletter, please let me know so I can make the changes. Send the changes to **Lynda Nyseth, 21461 S. Hwy 99W, Amity, OR 97101-2239**

Sincerely, **Lynda Nyseth, editor**



## From the Desk of the District III Director Anne Engen Polk-Yamhill, Marion, Linn and Lane Counties

District III has 4 active study groups.

**Lost Creek** in Lane County, 3 study groups in Yamhill County; **Sheridan Study Group, Amity** Study Group and **Creative Homemakers** in McMinnville. We have 2 Members-At-Large in Marion County who receive lessons, Rene' Metteer our State VP for Programs and Linda Schollian.

The last study group in Polk County, **Homemakers Unlimited**, voted to disband. 46 years ago, they had 20 – 22 active members, but now their time goes to taking care of loved ones. They've enjoyed the FCE lessons and activities. Remember their member Marge Howard who was a "spitfire", she's now a quiet 101 years old.

**Lost Creek** (11 members) started meeting in November, finally inside at a local church for the Chocolate lesson. For December's meeting everyone brought "Baked Goods" for the group's sale, mostly cookies, one banana nut bread, and one German Stollen. Samples were offered, the rest were packaged for sale. They said it was nice to share food, be inside, closest we could come to a "Potluck". Made \$80, then gave \$50 to Dexter Food Pantry and \$50 to Dexter Fire Department.

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**Sheridan's** (7 members) donate time to working in their local museum, sew quilts, provide a county council treasurer and support the local garden club.

**Amity** (6 members) took the Natural Home Remedies lesson and talked about the importance of letting your doctors know what you are taking. In November and early December, they turned fresh greens into holiday wreaths, some to enjoy the rest to sell. They use the funds to pay the state dues for each member, and \$100 to spend on gifts for two girls whose names were on the Amity 'Tree of Giving'. In December they lunched at the Black Bear in Newberg and got to see what one member had purchased for their Christmas girls. For their January meeting they filled out their lesson planners, talked about the county Spring Festival, and learned some new games. Their group is hosting Game Time at our FCE State Conference this fall. Oh, the best part of the meeting was feasting on homemade soup and dessert for lunch.

**Creative Homemakers** (12 members) had some excitement when the lesson on medical cannabis was taught. We had 2 guests, one lady and one healthy green cannabis potted plant. Our teachers started with a skit, then moved to medical cannabis's safe uses. One teacher showed how she makes CBC salve, giving each of us a small container. Natural Home Remedies lesson was taught by 2 teachers, so extra ideas were shared. At our December meeting we exchanged gifts, then laid out all the things we had gathered for our Christmas family – a young woman with 3 small children. PJ's for the kids, winter coats for mom and kids, toys, books, treats, a food box and gift cards. The mom was overwhelmed. We "Christmas Angels" did not meet the family.

I enjoy eating my breakfast while I read the obituaries in the Oregonian newspaper. Some people lead interesting lives.

Found Hannah Louise Schink who died at 101 in Portland, she volunteered for 4-H and Home Extension. Her family started the Schink 4-H Center Maintenance Endowment.

Anyone remember her? What stories she could have told us about early FCE lessons.

**Anne Engen**

### **Volunteer Newsletter Staff**

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If you have an article, book or movie review for the MPY Tri-Line News send it to Lynda Nyseth, Editor MPY Tri-Line News, 21461 South Hwy 99W, Amity, OR 97101-2239. Our next deadline is April 8, 2022.

If you have a recipe send it to Debbie Puckett, 23130 Zieber Lane NW, Salem, OR 97304. Thank you.

## **Study Group Happenings**

*Information from District I*

### **Washington County Advisory Council**

Here we are in 2022 and still adjusting our lives because of COVID, so that finds our County Council still meeting via Zoom. We are so grateful to our OSU Washington County Extension Support Team, Maureen Quinn Lores and Jenifer Halter for all the help they give us and all they do for us. Washington County FCE is down to two Study Groups and three Members at Large, our numbers have declined but we keep going, learning and doing what we can. February is when we would normally hold our Appreciation Luncheon at the OSU Extension Office but we are planning to touch base with our FCE Family to let them know we are thinking of them.

As we go through this year I hope you all do well, stay safe and healthy.

### **Boarding 2022**

Good morning and welcome to Flight 2022. We are prepared to take off into the New Year. Please make sure your Positive Attitude and Gratitude are secured and locked in the upright position.

All self-destruct devices: pity, anger, selfishness, pride, and resentment should be turned off at this time.

All negativity, hurt, and discouragement should be put away.

Should you lose your Positive Attitude under pressure during this flight, reach up and pull down a prayer.

Prayers will automatically be activated by Faith. Once your Faith is activated, you can assist other passengers who are of little faith.

There will be NO BAGGAGE allowed on this flight.

God, our Captain, has cleared us for take-off. Destination - GREATNESS!

Wishing you a New Year filled with new HOPE, new JOY, and new BEGINNINGS!

Stay Blessed! And welcome to 2022.

FCE Washington County Advisory Council  
Karen Walker, President

## **Tualatin FCE/Extension**

The Tualatin FCE/Extension of 12 members met this past summer at Pandora Bread restaurant in Tualatin once a month just to have coffee and keep in "touch", and when programs became available, we met via ZOOM.

In September, we began meeting in members' home once more, and it was so nice to see one another "face to face" again!!

Our Christmas party was at the Tualatin Country Club, and all members were present. We had a gift exchange and also contributed cash/gift cards in the amount of \$605.00 to Tigard Good Neighbor House, a family shelter. Arrangements for the party included lunch.

So far, no one in our group has contracted COVID so we are keeping our fingers crossed the good luck will continue if and when this pandemic is over!

Kay Ferguson, Vice President  
503-628-6808

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### **Woodmere FCE**

We wish ALL a very healthy and safe HAPPY NEW YEARS – 2022. Our group of 10 members have been playing life on the Covid-19 variant safe side, wearing masks and choosing activities CAREFULLY.

Last August, we took a TOUR of the \$12.6 million newly renovated LEACH BOTANICAL GARDENS, 6704 SE 122<sup>nd</sup> Ave, Portland, OR – Ph #(503) 823-1671 (NO CAHRGE AT THAT TIME). The renovated section includes a new entrance, parking lot and safe walking trails for pedestrians to access the park. TOURS in March, 10AM-4PM and April, 10AM-5PM, but always CALL A HEAD as 2022 times may have changed due to Covid variant.

After touring, nine of us went to LUNCH at Clackamas Town Center's "CHEESE CAKE RESTAURANT" – 12000 SE 82<sup>nd</sup> Ave. – Happy Valley, Oregon 97086 – Ph # (503) 653-1353.  
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Anybody attending the National FCE Conference, July 14-17, 2022, at the Monarch Hotel, should DEFINITELY visit the lovely Cheese Cake restaurant. YUM! YUM!

We had our 2022 Installation of Officers, Christmas Potluck Luncheon, gift exchange and Charity donations collections held at Ellen Bradley's home on December 21<sup>st</sup>. It was very enjoyable to be able to get together AGAIN, after such a LONG TIME. (THANK YOU, COVID).

We just had our first Clackamas County Council meeting January 24<sup>th</sup> having our 2022 Council Handbooks reviewed for PRINTING, with scheduled dates of our meetings. We also have been ZOOMING the PROGRAMS on the first Wednesday of each month, with those very interesting LESSONS.

We will be working with Washington County FCE groups on Table Decorations for the Oregon State Conference in Springfield, Oregon in October 2-5, 2022. A ZOOM meeting has been planned for February 24<sup>th</sup> at 9:45 AM for Great Suggestions with Talented People.

We're still volunteering at our usual events, churches, helping friends and neighbors, WEARING OUR MASKS. So will end this by saying, PLEASE, STAY HEALTHY, SAFE as 2022 is shaping up to be a big year. SEE YOU AT THE CONFERENCES IN 2022.

Cathryn Schabell



## 50-Year Members

If you have a member that is celebrating 50 years of FCE be sure they fill out the 50 Year Member form. We want them to receive their certificate and pin. The form can be found in the Oregon FCE Handbook on page 65, or on our website. Return the form to Scott Teebles, our State President, 4338 Arthur Street, Klamath Falls, OR 97603



### Remembering Sharon Reynolds Oak Meadows Study Group

It is with great sadness that Oak Meadows Study Group from Marion County announces the passing of one of our longtime members. Sharon Reynolds (sometimes known as Gladys), age 95, passed on Saturday, January 22, 2022, at Lancaster Village in Salem.

Sharon joined Home Extension while a young homemaker as a member of the Four Corners Study Group. Later on, when her family moved from that area, she joined Oak Meadows and has been a loyal and faithful member since even receiving her 50 Year Member Certificate.

Sharon is survived by four children, many grandchildren and great grandchildren and her FCE friends who will all miss her very much.

## **DONATIONS**

*Julie Altman  
Amity FCE  
Noreen Chamberland  
Tom & Marlene Currin  
Carl Dauenhauer  
Kandi Dulaney  
Dawn Eckart  
Claudine Eden  
Anne Engen  
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Sharon Ricks  
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Charlotte Sharp  
Maren Sohn  
Scott & Bonnie Teeples  
Nancy Thornton  
Rita Wagar  
Delores Wagner  
Georgene Webber  
Penny White  
Sally Wyffels  
Anne Zentz*

*Thank you all for your donations to the MPY. It is a pleasure to keep you informed on events taking place around Oregon. Your donations make this possible.*

Comments from readers

Merry Christmas to your great staff! I do enjoy your newsletter. I would be going to State Conference and be a member-at-large but I'm nailed at home taking care of hubby who had a stroke—Such is life!

Thanks for keeping me in the loop. Delores

I just wanted to drop you a line or two.

I have enjoyed being a FCE member, even before it was FCE. I joined Home Extension in 1964 or 65. We had a great time (we lived in Kansas). Had lots of great lessons and visits with the other women.

We moved to John Day, OR in 1968, joined up there. Again, a great group and lessons. Moved to Prineville in 1978, joined up again. New women and they had a baby sitter for the kids.

I enjoyed it for many years, took off 10 years to be missionary to Mexico. We took food, clothes, stoves, Bibles, medicines, seeds and other things to help the Preachers there. They could reach more of their people than we could. For 10 years we had a Soup Kitchen here in Prineville, opened 5 days a week. While doing Soup Kitchen I was able to join the HEU, now called FCE, had great times, enjoyed the lessons, conventions and everything about it. Our club split some years back and I dropped out. Sure, miss it, now I know there are other groups I could join, but I have problems driving so I'll remember all the ladies, parties and classes with good thoughts.

Thanks for all you do. Joyce

*These letters make me think of other former members who now are in retirement homes or at their homes and are unable to drive or get out to meetings, or maybe they need help with FCE dues. Please keep those you know in your life, offer them rides, lesson information, invitations to FCE Events, phone calls, visits, cards and letters. Let them know that we miss them, they are family and we don't forget family. Lynda*



## How Do You Decide Whom to Marry?

(written by kids)

1. You got to find somebody who likes the same stuff. Like, if you like sports, she should like it that you like sports, and she should keep the chips and dip coming.-Alan, age 10.

No person really decides before they grow up who they're going to marry. God decides it all the way before, and you get to find out later who you're stuck with.-Kristen, age 10.

2. What is the right age to get married? Twenty-three is the best age because you know the person FOREVER by then.-Camille, age 10.
3. How can a stranger tell if two people are married? You might have to guess, based on whether they seem to be yelling at the same kids.-Derrick, age 8
4. What do you think your mom and dad have in common? Both don't want any more kids.-Lori, age 8
5. What do most people do on a date? Dates are for having fun, and people should use them to get to know each other. Even boys have something to say if you listen long enough.-Lynnette, age 8.  
On the first date, they just tell each other lies and that usually gets them interested enough to go for a second date.-Martin, age 10.
6. When is it okay to kiss someone? When they're rich.-Pam, age 7.  
The law says you have to be eighteen, so I wouldn't want to mess with that.-Curt, age 7.  
The rule goes like this: If you kiss someone, then you should marry them and have kids with them. It's the right thing to do.-Howard, age 8.
7. Is it better to be single or married? It's better for girls to be single but not for boys. Boys need someone to clean up after them.-Anita, age 9
8. How would the world be different if people didn't get married? There sure would be a lot of kids to explain, wouldn't there?-Kelvin, age 8.

9. How would you make a marriage work? Tell your wife that she looks pretty, even if she looks like a dump truck.-Ricky, age 9.

Submitted by Donna Michaelson



## THE GOLDEN RULE CLUB

During the early part of the last century, when neighbors were scattered and families only had one vehicle, many areas had a neighborhood club. In Dayton it was the Aloha Club. Oak Ridge had the Sunshine Club. In our area it was the Golden Rule Club.

Any woman who had ever lived in Moores Valley or Panther Creek could belong. Once a month, each neighbor would fix something for the potluck, tie it in a dish towel and often with a kid in tow would either walk or share a ride to have a social day with the neighborhood women

We know the Golden Rule Club was going in the 1920's for in 1928 when new bride Annie Munro told her mother-in-law that she had joined, she got the reply: "Why bother with that, it won't last long." Well, we're still meeting-- the third Thursday of every month. One of the members is host. The dues are still 5 cents a month, though a "penny march" supplements our treasury. We have officers and a short meeting, but basically it is opportunity to know what's going on in the neighborhood.

Over the years club has evolved from a formal gathering where curtains were starched, windows washed and fancy recipes presented -- since COVID, we bring a sack lunch and meet in the park when the weather is favorable.

Occasionally we put on a fancy tea to raise funds for the Food Bank or other community project. This year (2021) instead of exchanging gifts, we're each bringing clothing items to donate to the Rescue Mission.

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This was written in 1988 to commemorate that Annie Munro had been a member for 60 years:

### SIXTY YEARS!!

What a lot of shared experiences:

Droughts and floods--

Babies and deaths--

Weddings and graduations--

Wars and depressions--

Spring flowers and gray winters--

Turkey raising and retirements--

Surgeries and divorces--

All were better or easier because they were shared-- because when we got together for club, we knew there would be laughter or sympathy and most of all Friendship.

Submitted by Nancy Thornton

*(Sounds like todays FCE, things are better when they are shared.)*

**Walking to school in the winter,  
I was often detained  
by my compulsion  
to crack the ice  
that formed on the puddles.**

**I liked the sound,  
the pattern of the shards,  
the sense of power  
and  
that it was something  
good little girls could do  
and not lose their reputation.**

**I still like to crack ice puddles.  
My destruction can be noted  
all the way to the mail box.**

**My walking stick is  
as effective  
as my youthful stomps.**

*Make a game out of today's  
adventure.*

*Nancy Thornton*

### ACWW Women Walk

Join Amity FCE and others as we walk for ACWW (Associated County Women of the World), April 22, 2022. We will be walking at the West Hills Neighborhood Park near the far end of West 2<sup>nd</sup> Street in McMinnville. If you have not been out West 2<sup>nd</sup> in a while, you will be surprised at all of the new homes where there used to be farm land. We will meet at 10:00 am, and get walking by 10:30. We can walk around the park which has a walking path that is flat or if you want more of a challenge you may choose to walk the sidewalks around the neighborhood which has hills.

Whichever path you choose we will be getting exercise together, which is more fun than walking alone, and getting fresh air. We will take donations to be given to ACWW. Bring a sack lunch or we will order from Jimmy John's and have our lunch delivered to the park.

If you would like to join us give me a call so we don't miss you. Lynda at 503-701-0719.

A note from Bonnie Teebles, ACWW USA Area President in her Area Newsletter.

As I have had the opportunity to visit with the women serving on the ACWW Board and past ACWW USA Area Presidents, I have been filled with the sweet knowledge that '**Every woman worldwide has the same heartbeat for her family.**' It does not matter where her feet lead her, what land she walks on, whether she lives in a hut, a tent, or a stick built home, she wants the same things for her family; health, security, and peace. ACWW, is there to help that happen for women and families around the globe.

**OR Assoc. Family & community Education  
MPY Tri-Line News  
21461 S. Hwy 99W  
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## **FCE CALENDAR**

### **February 2022**

- 21 Presidents' Day  
**Time Management** (Packet lesson)  
23 Pick up packet lesson  
McMinnville Extension Office

### **March**

- 4 Deadline for registrations for Spring Festival  
11 Yamhill Co. Council, 9:30  
Sandwich Express, McMinnville  
13 Daylight Saving Time Begins  
16 Spring Festival 9:00 – 2:00  
Amity Fire Station, 700 Trade Street  
17 St. Patrick's Day  
**Searching for Chocolate**  
23 Training Yamhill County, 9:30 – 11:00  
McMinnville Extension Office

### **April**

- 1 April Fools' Day  
8 Deadline MPY & OR State News Articles  
15 Yamhill County Council, 9:30  
Sandwich Express  
17 Easter  
22 ACWW Walk, 10:00  
West Hills Neighborhood Park  
West 2<sup>nd</sup>, McMinnville, OR  
**Cons, Scams and Frauds**  
27 Training Yamhill County, 9:30-11:00  
McMinnville Extension Office  
29 Mail MPY & Oregon FCE State  
Newsletters, Bethel Church, 9:00

Oregon Association for Family & Community Education